

Thursday, September 16, 2021 | 8:00 a.m. – 9:30 a.m. Virtual Meeting

Agenda

| I. | Welcome | T. Widmer | 2 min. |
|-------|---|---|---------|
| ١١. | Vote to Approve Minutes | T. Widmer | 2 min. |
| III. | Vote to Approve Bylaw Amendment | T. Widmer | 2 min |
| IV. | New Participant/Guest Introductions | T. Widmer | 5 min. |
| V. | Report from MHA | P. Gutierrez | 5 min. |
| VI. | Report from MHMR - Suicide Numbers | B. Waymack | 5 min. |
| VII. | Report from City of Denton – ARP Funds | C. Cross | 5 min. |
| VIII. | Report on UNT Research | K. Partin | 5 min. |
| IX. | Report on Overdose Response Team | B. Tinney | 10 min. |
| Х. | Report on First Mental Health Matters Panel Discussion | S. Spencer, L. Elliott, R. Del Rio M. Crow, P. Gutierrez | 5 min. |
| XI. | Workgroup Committee ReportsL. Elliott/L. Prillwitza. Child and Family SystemsL. Elliott/L. Prillwitzb. Substance UseH. Galloway | | 10 min. |
| XII. | Denton County Veteran Stability Program | E. Baxter | |
| XIII. | New Business a. Volunteers for Nominating Committee | T. Widmer/S. Spencer | 15 min |
| XIV. | Public Comment | | |

XV. Adjourn

T. Widmer

Next Meeting: Thursday, November 18, 2021 | 8:00 a.m. to 9:30 a.m. | United Way Denton County





Thursday, July 15, 2021 | 8:00 a.m. – 9:30 a.m.

Meeting Minutes

I. Welcome:

The Denton County Behavioral Health Leadership Team meeting was called to order by Co-chair Lisa Elliott at8:00 a.m. In attendance were:Lisa ElliottMatt RichardsonDianne Hickey

- Emily Taylor Linda Holloway Chris McGinn Brad Lahart Scott Domingue T.J. Gilmore Courtney Cross Elishia Baxter Elizabeth Ferring Hope Galloway Jerry Garner Michelle Rinehart Kyle Infante Shanan Spencer Stephanie Brown Alisa Quimby Ginny Brundeen
- Matt Richardson Juan Rodriguez Jon Lasell Brittany Waymack Dani Shaw Erin Williams Julie Wright Monya Crow Tamara Knapp-Grosz Kelly Partin
- Dianne Hickey Olivia Williams Pam Gutierrez Elena Lusk Danelle Parker Gerard Hudspeth Kevin Deaver Roxanne Del Rio Marquis Nuby

II. Vote to Approve Minutes:

Lisa called for a motion to approve the minutes from the previous meeting. Roxanne Del Rio moved and Dianne Hickey seconded the motion. The vote to approve the minutes was unanimous and the minutes were accepted.

III. New Participant Introductions:

Jon Lasell was introduced as the CEO of University Behavioral Health Denton. Dr. Marquis Nuby was introduced as a guest of today's meeting.

IV. Report from Dr. Nuby:

Dr. Marquis Nuby discussed the increased need of mental health services among his patients in his pediatric practice. He reported a waiting list of 85-100 patients waiting for mental health care. He is working to expand his practice to include licensed counselors/social workers to provide the needed mental health services. Lisa expressed gratitude for Dr. Nuby's efforts as Cook Children's has a wait list of 150 children and clinicians' caseloads are maxed. Mayor Hudspeth explained to Dr. Nuby that municipalities have funds available to non-profits for service needs. He provided information to Dr. Nuby on how to meet with the City Council to present information and request funds.

V. Report from MHMR:

Brittany Waymack provided a report to the group on risk of harm assessment and suicide numbers for Denton County. She pointed out the increase in all numbers over the past two years. The largest numbers came from the 15-24 year old age group. The BHLT discussed their concerns about the upward trend in suicide numbers. A few members of the team will meet at a later date to begin discussing strategies to address the suicide numbers. Monya Crow spoke to the unique needs of students returning to school.





VI. Workgroup Committee Reports:

- a. Child and Family Systems: Lisa reported that the CFS workgroup did not meet in June due to many
 participants being unavailable. She reported on the success of Mental Health Awareness Month
 including proclamation readings, social media campaigns, etc. Shanan prepared and presented an
 application for grant funds through the Coty of Lewisville to pilot a mental health navigator program.
 We are waiting to hear about the funds. Shanan reported on the Lake Cities Focus progress. They have
 collected data and there is a meeting next month to review the data.
- b. Veterans Workgroup: Shanan reported that the Veterans Workgroup did not meet in June due to lack of participation.
- c. Jail Diversion: Shanan reported that the Jail Diversion Workgroup had not met because they are now meeting quarterly.
- d. Substance Use: Hope Galloway reported on the work of the Substance Use Workgroup. The group has broken into two sub-groups, Data and Resources. The groups are collecting data on substance use issues throughout the county and writing goals to address needs surrounding available resources, access to resources, and education of community members. The SU workgroup is partnering with MHMR to provide SU prevention training to Lewisville ISD. Linda Holloway reported on partnership with Recovery Resource Council to obtain information about available beds for detox and treatment. The group is hoping to create an intake tool used as a decision tree for treatment as well as a data dashboard for SU numbers.
- VII. Denton County Veteran Stability Program:

Elishia Baxter reported that the TVC grant was renewed for the 2021-2022 year to provide financial assistance to Denton County veterans for housing/rental assistance, utilities, and dental care.

VIII. Backbone Support Update

- a. COVID-19 Relief & Recovery Fund Outcomes: Shanan reported that Gary did not have any information to reported on Recovery Fund Outcomes.
- b. Denton County Homelessness Leadership Team Update: Elena Lusk reported that the DCHLT is working to revise its strategic plan. All of the workgroups are meeting to further assess and address housing needs. The Veterans 100 Day Challenge ended with 11 veterans housed in 90 days. Elena also reported on UWDC COVID-19 Relief numbers.
- c. Denton County Workforce Success Leadership Team: Olivia Williams reported on the efforts of the DCWSLT. The team is exploring a Workforce Navigator role to address those trying to re-enter the workforce post pandemic. There is a resource website linked to the UWDC website that lists all job opportunities provided by UWDC partner agencies as well as information for additional resources for those seeking work. The WSLT is also working to revise its strategic plan. She also reported on renewal of grants for Childcare Networks and Parent Cafes.
- IX. New Business
 - a. Renewal of appointments: Shanan indicated that appointments will be renewed with an extension to allow for time lag due to COVID.
 - b. Election of Officers: Shanan indicated that officer elections are postponed due to COVID.





- c. Future meetings (virtual, hybrid, in-person): Shanan reported on the availability of hybrid meetings beginning with our September meeting. The group expressed interest in the hybrid option, allowing flexibility for members.
- X. Public Comment:
 - Shanan pointed members to the articles that were added to the meeting packet and encouraged people to read them.
 - Pam Gutierrez reported that the Loss Team event will be held at Red Yard on Saturday from 1-4. All proceeds go to the Loss Team.
- XI. Adjourn:

Lisa called for a motion to adjourn the meeting. Scott Domingue moved and Dianne Hickey seconded the motion. The meeting was adjourned at 9:28 a.m.

Next Meeting:

Thursday, September 16, 2021 | 8:00 a.m. to 9:30 a.m. | United Way Denton County



| Sal. | First Name | Last Name | Organization | Sector | Appointed By: | Appointment |
|---------|------------|-------------------|--------------------------------------|------------------|--------------------------|--------------|
| | | | | | | Year (3 Year |
| | | | | | | Term) |
| | David | Becker | Denton Fire Department | Government | City of Denton | 2019-2022 |
| | | | | | Dr. Rogers- Lewisivlle | |
| Ms. | Monya | Crow, M.Ed. LPC-S | | Education | ISD Superintendent | 2019-2022 |
| | Vacant | | Beacon Health Options | | | 2019-2022 |
| Mr. | Scott | Dominque | Texas Health Resources | Health Care | | 2019-2022 |
| | | | | | | |
| | | | | | Denton County Citizens | |
| Dr. | Lisa | Elliott, Ph. D | Cook Children's (WATCH) | WATCH | Council on Mental Health | 2019-2022 |
| Ms. | Норе | Galloway | Texas Health Resources | Health Care | | 2019-2022 |
| Mr. | TJ | Gilmore | City of Lewisville | Government | Lewisville City Council | 2019-2022 |
| Ms. | Brooke | Hambrick | Office of Senator Jane Nelson | | | |
| Dr. | Timothy | Harris, M.D. | Texas Health Resources | Health Care | Stan Morton | 2019-2022 |
| Chief | Kenneth | Hedges | Denton Fire Department | | | 2019-2022 |
| Dr. | Tamara | Knapp-Grosz | UNT | Education | | 2019-2022 |
| | | | | | Denton County | |
| Captain | Douglas | Lee | Denton County Sheriffs Office | Law Enforcement | Commissioners Court | 2019-2022 |
| | | | | | Denton County | |
| Dr. | Matt | Richardson | Denton County Health Department | Public Health | Commissioners Court | 2019-2022 |
| | | | | | Denton County Health | |
| Mr. | Juan | Rodriguez, MPH | Denton County Health Department | Public Health | Department | 2019-2022 |
| | | | | | Denton County | |
| Dr. | Kathryn | Stream, Ph.D | | Community Member | Commissioners Court | 2019-2022 |
| Lt. | Chris | Summit | Denton Police Department | Law Enforcement | Denton PD | 2019-2022 |
| Ms. | Emily | Taylor | Our Daily Bread | Nonprofit | | |
| | | | | | Denton County | |
| Judge | Coby | Waddill | Denton County Criminal Court # 5 | Judicial | Commissioners Court | 2019-2022 |
| | Vacant | | Denton ISD | Education | Dr. Jamie Wilson | 2019-2022 |
| Dr. | Stephanie | Brown | Texas Woman's University | Higher Education | Dr. Carine Feyten | 2021-2023 |
| Chief | Kevin | Deaver | City of Lewsiville Police Department | Law Enforcement | City fo Lewisville | 2021-2023 |
| Dr. | Roxanne | Del-Rio, Ph.D | North Central Texas College | Higher Education | Dr. Roy Culberson | 2021-2023 |
| | | | | | James C. Bays, Board | |
| Ms. | Elizabeth | Ferring | | Health Care | Chairman | 2021-2023 |
| Chief | Jerry | Garner | City of Corinth Police Department | Law Enforcement | | 2021-2023 |
| Ms. | Dianne | Hickey | Denton County MHMR | Health Care | Denton County MHMR | 2021-2023 |
| Dr. | Linda | Holloway | United Way of Denton County | | | 2021-2023 |
| Sgt. | Elisa | Howell | Denton Police Department | Government | | 2021-2023 |
| Mr. | Gerard | Hudspeth | City of Denton | Government | Denton City Council | 2021-2023 |
| Mr. | Chris | McGinn | City of Lewisville | Government | Lewisville City Council | 2021-2023 |

| | | | | | Denton County | |
|-----------|--------|----------|------------------------------------|------------|---------------------|-----------|
| Honorable | Bobbie | Mitchell | Denton County | Government | Commissioners Court | 2021-2023 |
| Mrs. | Terry | Widmer | Denton County Commissioners' Court | | | 2021-2023 |
| Ms. | Suzann | Woodard | Texas District 64-Lynn Stucky | | | 2021-2023 |

Proposed Amendment to Bylaws

Section 6.3 Officers

Officers of the DCBHLT are eligible for two consecutive one (1) year terms. Elections will be held during the 1^{st} -meeting in June. November meeting with new officers taking their seats the following January.

At the September meeting, DCBHLT shall call for a nominating committee to be formed to present a slate of officers annually. at the November meeting for vote.



DCBHLT Workgroup Reports

September 2021

WORKGROUP NAME: CHILD AND FAMILY SYSTEMS WORKGROUP

CHAIR NAME: LISA ELLIOTT AND LAURA PRILLWITZ CHAIR CONTACT INFORMATION (EMAIL AND PHONE): <u>LISA.ELLIOTT@COOKCHILDRENS.ORG</u> (940) 484-4311 AND <u>LAURA.PRILLWITZ@DENTONCOUNTY.COM</u> (940) 349-2455

Meeting Summary (provide meeting date and items discussed during meeting)

The group last met: August 27, 2021.

Workgroup members: Lisa Elliott, Laura Prillwitz, Judge Kimberly McCary, Monya Crow, Amy Lawrence, Lisa Pierce, Sadaf Meckfessal, Trish Robinson, Craig Daugherty, Suzy Gange, Suzann Woodward, Alisa Quimby, Tasha Moore, Pallavi Baisyat, Scott Domingue, Erica McKinnie, Lisa Settle, Ann Hughes, Ruth Pope

Attending: Lisa Elliott, Laura Prillwitz, Judge Kimberly McCary, Rebekah de Peo-Christner (for Amy Lawrence), Lisa Pierce, Sadaf Meckfessel, Alisa Quimby, Scott Domingue, Erica McKinnie, Terrence Staton (for Lisa Settle), Jennifer Ware (for Ruth Pope) and Shanan Spencer.

Short Term Action Items

- Reviewed Collaborative Workshops with the WATCH group
- Reviewed City of Corinth 40 Development Assets Framework
- Updated Mental Health Navigator grant and possible funding.
- Updated Sequential Intercept Meeting
- Reviewed Okay to Say campaign.
- Reviewed service gaps and needs in the community.

Accomplishments

Recommitment of the workgroup to being more task oriented again.

Concerns

Mental Health Navigator funding.

Next Meeting Dates

September 17: WATCH Coalition Meeting

October 22: CFS Workgroup Meeting



Providing hope, conquering addiction, healing families.

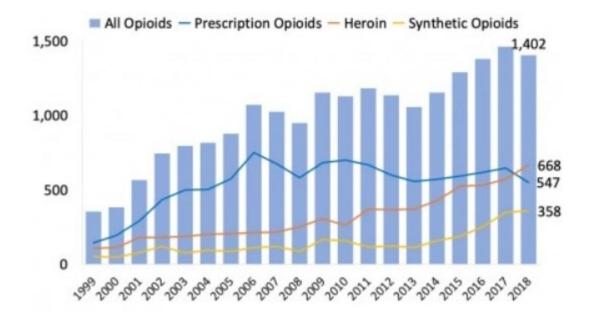
Denton County Overdose Response Team

Becky Tinney Director of Community Engagement

What is the problem?

- The opioid epidemic is closing in on Texas:
 - New Mexico had an overdose rate of 25 per 100,000 people.
 - Oklahoma had a rate of 20 per 100,000 people.
 - 1,254 miles of our southern border is shared with Mexico, which remains the greatest criminal drug threat to the United States.
 - The overdose rate has steadily increased for 5 years, until 2018 (COVID)

Number of overdose deaths involving opioids in Texas



National Institute on Drug Abuse



What is an Overdose Response Team?



What will the team do?

- Conduct face-to-face follow up visits with individuals who have overdosed, and their families.
 - Assess needs
 - Discuss potential barriers
 - Educate and focus on harm reduction (Narcan)
- How will the team generate leads?
- Contact information will be exchanged for follow-up assistance
- Connect to Peer Recovery Specialist and Licensed Social Worker
- What if they aren't ready?





Goals

Short Term Goals:

- Perform face-to-face outreach with individuals who overdose in Denton, Dallas, Collin, Tarrant counties
- Collect data about these individuals and use it to reduce risk of repeat overdoses and death

Long Term Goals:

- Reduce the number of overdoses and deaths
- Reduce over-utilization of emergency personnel and hospital systems
- Increase public awareness
- Increase the number of individuals entering treatment
- Reduce gaps in services/barriers to treatment



"In the long history of humankind (and animal kind, too) those who learned to collaborate and improvise most effectively have prevailed."

-Charles Darwin





Becky Tinney, LMSW, CPS

Director of Community Engagement Recovery Resource Council Office: 214-522-8600 X: 245 <u>b.tinney@recoverycouncil.org</u> <u>www.recoverycouncil.org</u>



