

Denton County Behavioral Health Leadership Team Meeting

Thursday, September, 19th, 2024, 8 am – 10 am

UWDC 1314 Teasley Lane, Denton & Zoom



Our Vision:

Comprehensive behavioral health for every person in Denton County

Our Mission:

The Denton County Behavioral Health Leadership Team will advocate and facilitate a collaborative person-centered behavioral health system to repair and restore lives:

- Ensure behavioral health services are available to meet the needs of all

Agenda

1. Call to order Elisa Howell
2. Vote to Approve Minutes Elisa Howell
3. Report from Our Daily Bread Ayesha & Carolyn
4. Report from the Local Mental Health Authority Pam Gutierrez
5. Report from Denton County Public Health Alex Reed
6. Strategic Plan Updates Elisa Howell & Hope Galloway
7. Workgroup Committee Reports Laura Prillwitz & Lisa Elliot
Hope Galloway & Lauren Titsworth
Dallas Hamilton & Courtney Jaimes
Megan Ball & Landon Dickeson
 - a. Child and Family Systems
 - b. Substance Use
 - c. Suicide Prevention
 - d. CrossCare Collaborative
8. New Business Elisa Howell
9. Backbone Support Updates Olivia Mata-Williams
 - a. Denton County Housing & Homelessness Leadership Team
 - b. Denton County Workforce Success Leadership Team
10. Public Comment Elisa Howell
11. Adjourn Elisa Howell

Thursday July 18, 2024

8 am – 10 am

Meeting Minutes

Call to Order: Elisa Howell called the meeting to order at 8:05 AM without a quorum present.

New Participants/Guest introductions: Melissa Stephens is from Mayhill Hospital.

Peyton Balls is CTE department Director at Krum ISD and she is a teacher extern for the summer at UWDC.

Dr Christina Rodriguez is director of Counseling and Psychological Services at TWU. She is replacing Dr Brown on the Leadership Team for TWU

Sadi Fesenbek is the newly hired Veteran Initiatives Coordinator at UWDC.

Local Mental Health Authority report: Pam Gutierrez reported on intakes, services and suicide statistics for Denton County. On behalf of the committee looking at suicide prevention, she asked for input from the Team for their direction of study. Demographic data was suggested.

Services targets data – as a follow up from questions at the last meeting regarding overserving for MHMR, which is over 100% consistently and not allowed to waitlist individuals They are continuing to look at this and look at caseworker caseloads. There was discussion about waitlisting, it takes approval from HHSC. Pam continued to answer follow up questions from the last meeting regarding discharges, caseloads, and case managers.

Pam announced that MHMR had been recertified for as a Certified Community Behavioral Health Clinic (CCBHC). The team is led by Veronica Armendariz.

Pam emphasized that North Texas Giving Day is September 19th. All donations will benefit the LOSS team at MHMR. She also related back to School needs.

She made one final comment on the state of things at MHMR making the point that recruitment and retention of staff and Crisis Stabilization staffing is in competition with Telehealth companies. Face to face work is not as appealing to the current work from home workforce.

Vote to Approve Minutes: there being a quorum declared at this point the chair entertained a motion for approval of the minutes from the last meeting by Hope Galloway. It was seconded and approved.

Denton County Public Health report: Alex reed reported that the Mental Health Navigators (MHN) program is turning 1 year old next month. Alex gave a statistical recap of that year and data that can be used to understand where to set targets for the future.

She reported that Credible Minds and Mental Health Navigators programs will be presented the National Association of County and City Health Official's conference next week.

Also, Mental health Navigation was awarded promising practice by Nate Joe which places them into a database for health departments nationally to replicate.

Alex's homework assignment for the Team: How would you answer the public if asked why does the MHN program exist? **What do you want the community to say about the program?** Alex says she wants us to be the community that rallies around people/neighbors to say "we got you". Let us connect you to support in the community that we trust. Your suggestions will be put into their strategic plan and carried over the next year. She promised charts and graphs next year!

Strategic Plan Update: Elisa and Hope showed a SWOT analysis done by the committee and the Team was asked for suggestions. The committee will take suggestions given and incorporate them.

Work group reports:

Child and family systems: No meeting last month.

Substance use: Recovery in the Park planning for September 21st. Proceeds from last year supported 1 scholarship for sober living spot. Community impact. Solutions of North Texas (SONT) received a THR grant for non-chemical detox for women. This included 12 slots for a 2-week program. They can then do step down into SONT. SONT is also doing a partnership with CPS for family care in recovery.

Suicide Prevention: workgroup is looking at data to see where to focus efforts.

Cross Care Collaborative: the group didn't meet in July. Looking at the Sequential Intercept Model (SIM) and how it looks in Denton County. Next steps will be making recommendations to BHLT.

New Business: None brought forth.

Backbone support Updates:

Housing and Homelessness Leadership Team: having completed their strategic Plan is now creating an agenda focused on that Strategic Plan with learning labs incorporated and connection between the workgroups. Also, UWDC is doing a Homelessness 101 training for agencies that impact homelessness and mental health to better understand the Housing Crisis Response System.

Workforce Success Leadership Team: is planning a Digital Literacy course for those entering the workforce and those trying to access services digitally. There will be a target Occupation List released from workforce solutions. It was pointed out that workforce conversations in this meeting have been helpful to create pathways and apprenticeships. The Community Health worker luncheon is August 7th.

Public Comment:

Cumberland Youth and Family Services has moved to a new building to expand services. It makes it more accessible to the community. Address is 1013 Greenlee on the Cumberland campus. They offer \$5 sessions to those who are unfunded.

Texas Health Resources Medication Management individual therapy went live in February and has served around 1300 patients with about 3000 services. The program accepts Medicare and Medicaid. It is 13-year-old and up and it is virtual. It is at about 40% capacity now.

Texas Health Community impact request for proposals opens August 1st and they have \$900,000 to give for Denton, Parker and Wise counties.

Communities in Schools of North Texas is having a Back -to-School breakfast July 25th. They are doing a collection for school supplies as well.

The Veteran's Administration is partnering with the County and is looking for volunteers to table at an event in September at the old Burlington Coat Factory.

United Way was awarded the Financial Stability Grant for Veterans through TVC and went live July 1st. Sadie Fesenbek was hired and is a veteran herself. The grant seeks 45 households/individuals for financial stability. It helps with utilities, mortgage/rent, transportation, repairs and emergency dental. It is open to surviving spouses.

Sanger ISD back to school fair is August 1st.

Adjourned : Next meeting is September 19, 8am – 10am.