

Agenda
November 17, 2022

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|-------|---|---------|
| I. | Welcome: Lisa Elliott | 1 min. |
| II. | Vote to Approve Minutes: Lisa Elliott | 2 min. |
| III. | New Participant/Guest Introductions: Lisa Elliott | 5 min. |
| IV. | Vote to Approve 2023 Officers and New Appointees: Lisa Elliott | 5 min. |
| V. | Report from Mental Health Authority: Pam Gutierrez | 5 min. |
| VI. | UWDC Intern Presentation: Abby Davies, Sadi Fesenbek | 20 min. |
| VII. | Workgroup Committee Reports (Updates and Strategic Plans) | 40 min. |
| | a. Child and Family Systems: Lisa Elliott, Laura Prillwitz | |
| | b. Substance Use: Hope Galloway, Linda Holloway | |
| | c. Suicide Prevention: Scott Domingue, Brittany Waymack | |
| | d. Data: Juan Rodriguez, Julie Wright | |
| | e. Discussion of DCBHLT global strategic plan | |
| VIII. | New Business: Lisa Elliott | 5 min. |
| IX. | Backbone Support Updates | 5 min. |
| | a. COVID-19 Relief & Recovery Fund Outcomes: Gary Henderson | |
| | b. Denton County Homelessness Leadership Team Update: Olivia Williams | |
| | c. Denton County Workforce Success Leadership Team: Olivia Williams | |
| X. | Public Comment | 5 min. |
| XI. | Adjourn: Lisa Elliott | |

All meetings: 8:00 a.m. to 9:30 a.m. | United Way Denton County



Thursday September 15, 2022 8 am-9:30 am
Meeting Minutes

- I. Call to Order: The meeting was called to order by Dr. Lisa Elliott at 8:04 am
- II. Approval of Minutes: Chair called for motions to approve the minutes from July 2022 meeting. Terry Widmer motioned and Bobbie Mitchell seconded. Minutes approved as written.
- III. New Participant & Guest Introductions: All new participants and guests introduced themselves.
- IV. Service Presentations:
 - A. Dr. Hicham Ibrahim and Jennifer Erasime presented on the upcoming construction of UT Southwestern Psychiatric Hospital
 - See previous packet for presentation slides
 - Hospital is State funded and a collaboration between UT Southwestern & Health and Texas Human Services Commission
 - Construction is scheduled to begin in Dec 2022-Summer 2025
 - Upon completion, hospital will have 200 adult psychiatric beds + 96 adolescent pediatric beds

 - Adult unit, which is slated to open in December 2025 will provide treatment for all major psychiatric disorders and will consist of 8 units
 - Adolescent/Peds beds will come online approximately 7 months later in July 2026

 - Hospital will be a behavioral health training hub and integrate research
 - Major goal is to ensure good discharge transitions; there will be designated space for communication btw hospital staff and outpatient providers

 - Catchment area is still being finalized but will include: Denton, Dallas and Collin counties
 - B. Commissioner Bobbie Mental Health reported on behalf of Denton County Judge, Andy Eads that the county will fund 2 mental health navigators.
 - Up to \$300K of American Rescue Act funds will be used to fund the 2 positions.
 - Goal is to establish a one-stop shop call center where navigators will be housed, and that will provide a more systematic approach to helping people get connected to MH services
 - Timeline is being developed.
 - Several people commented that such a call center will reveal more clearly the deficit in MH providers across the county

V. Report from Mental Health Authority-Pam Gutierrez

Commissioners and Judge Eads did a Proclamation for Suicide Awareness Month
On Saturday, Sept 10th, MHMR partnered with Antioch Church on Suicide awareness event

Suicides are up in Denton County: There have already been 51 suicides this year compared to 71 suicides in 2021

New 988 Suicide & Crisis Line (went into effect on July 15)
MHMR Hotline 1-800-762-0157 is still operational

MH Topics to be addressed in upcoming Legislative Session

- a. Childrens' mental health will be primary focus
- b. Expiration of Waiver 1115 in 2022

Waiver reimburses hospitals for the 'uncompensated care' they provide to patients without health care and pays for innovative health care projects, often related to mental health, that serve low income Texan,

- c. Mental Health and the Criminal Justice System
- d. Telemedicine

MHMR received Health and Human Services Commission Multi-systemic Therapy Grant.

It is only a 1 yr grant but hope it will become multi-year

Will fund 4 therapists and 1 Supervisor

Provides treatment to at risk youth and treats the whole family

Plan to work with local universities to help people get their clinical hours

Upcoming Rotary Club Fundraiser: 5th annual Adopt a Duck on Sept 17th at the River Walk in Flower Mound. Purpose of event is to

Case Managers are needed MHMR. Despite salary increase from \$16 to \$18/hr, it has been difficult to hire

Suicides are up across the age-span with guns being predominate means

North Texas State Hospital in Wichita Falls, TX has closed its child and adolescent unit for an indefinite amount of time due to lack of staffing, particularly in psychiatry

VI. Workgroup Committee Reports-included your packets
Most of the groups are updating their strategic plans

VII. No new business

VIII. Backbone Support Updates

- a. COVID-19 Relief and Recovery Fund Outcomes-Gary Henderson
Emergency Rental Assistance (ERA) I is closed. Will carry over more than 2000 house-holds to ERA II. These applications were already in the pipeline. Funding is less tied to COVID related hardship. These applications will likely absorb the remaining \$5.1 million in funds.

Private donors have given over \$5K to help fund the Denton County Veterans Center on Carroll Blvd. There is disappointment in VA's ability to support the facility

- b. Denton County Homelessness Leadership Team Update-Olivia Williams
In 2021 there was a 43% increase in homeless in Denton County
There have been questions about whether these are Denton County residents
Actively collecting data on this via the HMIS (Homeless Management Information System)
<https://unitedwaydenton.oneeach.org/homelessness-data-denton-county>

- c. Denton County Workforce Success Leadership Team-Olivia Williams
No report

IX. Public Comment-Lisa Elliott
Next Meeting scheduled for November 17, 2022. Lisa asked that we try to get as many people in person as possible.

X. Meeting Adjourned at 9:20 a.m.



Denton County Behavioral Health Leadership Team
Nominating Committee

Terry Widmer, Dianne Hickey, Tamara Knapp-Grosz

Nominees for Officer Positions of the Denton County Behavioral Health Leadership Team

Service Period: January 1, 2023 – December 31, 2024

Chair: Dr. Lisa Elliott

Co-Chair: Sgt. Elisa Howell

Secretary: Dr. Stephanie Brown

Nominees for New Appointees

Service Period: January 1, 2023 – December 31, 2025

Chief Rex Marks: Pilot Point Police Department

Detective Michelle Horridge: Flower Mound Police Department

Denton County Behavioral Health Leadership Team Appointee Breakdown

No less than 16 and no more than 54 appointees; Currently at 25

Federal and State Legislature (1-3)

Vacant
Vacant
Vacant

Denton County Commissioners Court (3-5)

Terry Widmer
Bobbie Mitchell
Tiffany Haertling
Vacant
Vacant

Denton City Council (1-2)

Gerard Hudspeth
Alison Maguire

Lewisville City Council (1-2)

TJ Gilmore
Chris McGinn

Corinth City Council (1-2)

Vacant
Vacant

Why is Corinth a separate category?

Small Cities/Towns (1-2)

Vacant
Vacant

Health Systems, Hospitals, MHMR, Health Department (3-7)

Scott Domingue	THR
Hope Galloway	THR
Dianne Hickey	MHMR
Matt Richardson	DCPH
Juan Rodriguez	DCPH
Vacant	
Vacant	

Health Insurance Providers (1-2)

Vacant
Vacant

Human Systems, Higher Education, WATCH (4-8)

Lisa Settles	Our Daily Bread
Tamara Knapp-Grosz	UNT
Stephanie Brown	TWU
Roxanne del Rio	NCTC
Lisa Elliott	WATCH
Vacant	
Vacant	
Vacant	

Law Enforcement (6-8)

Kevin Deaver	Lewisville
Jerry Garner	Corinth
Douglas Lee	Sheriff's Office
Elisa Howell	Denton
Rex Marks	Pilot Point
Michelle Horridge	Flower Mound
Vacant	
Vacant	

Independent School Districts (6-8)

Monya Crow	Lewisville ISD
Amy Lawrence	Denton ISD
Ann Hughes	Sanger ISD
Vacant	
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Vacant	
Vacant	

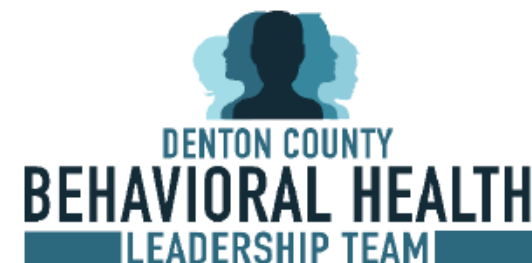
United Way of Denton County (1)

Linda Holloway	UWDC Board Member
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Community Members at Large (2)

Vacant	
Vacant	

Behavioral Health in Denton County



	Goal	Strategies	2015	2016	2017	2018	2019	Measure	Status
1	Increase access to Peer to Peer Support Group services in Denton County.	<ol style="list-style-type: none"> 1. Conduct inventory 2. Request funding from UWDC to expand sites 3. NAMI Denton County to Train Additional Facilitators 4. Determine expansion sites 	X	X					In Progress
2	Develop a system of support and program services for Denton County Mental Health Court	<ol style="list-style-type: none"> 1. Establish a treatment team through partnerships in the community. 2. Partner with UWDC on the ETO software to track individual progress 		X	X	X	X		In Progress
3	Develop and implement a Denton County Jail Diversion Program	<ol style="list-style-type: none"> 1. Hire 2 discharge planners to coordinate services upon release of those identified with a behavioral health issue in collaboration with Denton County MHRM. 		X	X				In progress
4	Provide Mental Health First Aid to <u>200</u> individuals in Denton County.	<ol style="list-style-type: none"> 1. Host Adult MHFA in collaboration with UNT for the DCBHLT, UWDC staff, and workgroups. 2. Host training with other community organizations and businesses. 		X	X	X	X	Number of participants Number of trainings (1)	In progress 47 currently trained.
5	Collaborate with MMHPI to launch the OK to Say Campaign.	<ol style="list-style-type: none"> 1. Work in collaboration with MMHPI to develop a marketing and promotion plan. 2. Establish partnerships to disseminate information. 		X	X	X	X	Number of Partners Be consistent with MMHPI	In progress



DCBHLT Child & Family Systems Workgroup Strategic Goal

STRATEGIC GOAL: INCREASE AWARENESS AND CAPACITY OF MENTAL AND BEHAVIORAL HEALTH SERVICES TO YOUTH

Objectives	Strategies	Metrics	Status
Reduce stigma associated with mental health conditions	<ul style="list-style-type: none"> Engage parents in Mental Health First Aid Training Collaborate with MMHPI and WATCH on the Okay to Say campaign Develop coordinated system to distribute educational materials to Denton County individuals Assist with the launch of Youth Mental Health First Aid trainings in Denton County. Develop parent cafes to educate parents on resources and strategies. Expand free behavioral health educational opportunities available to parents, community, and service providers 	<ul style="list-style-type: none"> Advertise available Mental Health First Aid and other trainings (QPR, Youth MHFA, etc.) Generate an Okay to Say marketing strategy Partner with Mobile Food Pantries to distribute educational and anti-stigma materials Host 3 educational opportunities surrounding mental health and stigma for youth and their families (e.g. documentary film screenings, presentations, workshops) annually 	•
Increase community, parent & service provider understanding of the impact of trauma, violence, and sex trafficking	<ul style="list-style-type: none"> Expand free trauma and abuse educational opportunities available to parents, community and service providers Educate parents and community members on types of trauma, including secondary trauma. Educate parents on trauma informed care and the impact of emotionally unregulated parents 	<ul style="list-style-type: none"> Partner with Office of the Governor, CACDC, and WATCH to develop Denton County CSE educational materials Collaborate with WATCH to provide CSE-IT trainings with free CEUs for Denton County service providers Collaborate with WATCH to host a CSE Symposium 	•
Improve accessibility of behavioral health services available to youth	<ul style="list-style-type: none"> Determine youth behavioral health needs as identified by parent(s) 	<ul style="list-style-type: none"> Conduct focus groups with ISDs Develop children and family behavioral health community needs and barriers assessment Increased referrals to behavioral health services 	•

Status Key: X – To Be Done; I/P – In Progress; C - Completed

	<ul style="list-style-type: none">• Develop collaborative opportunities to build resources and resource awareness (e.g. professional networking opportunities and resource expos) to increase referrals• Expand local capacity of behavioral health services• Establish social media presence for parents to address common trends that impact behavioral health (e.g. vaping, CBD use, video game & social media addiction)• Empower students to refer peers for mental health services when in need	<ul style="list-style-type: none">• Identify and apply for Mental Health Navigator funding opportunities• Develop a brochure (with QR code) and video regarding trauma resources and distribute• Develop a resource list of providers using trauma informed care.• Develop a referral tool to be used by students	
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SUICIDE DEATH DATA FOR SEPTEMBER 2022 10 REPORTED SUICIDES

Age	Race/Sex	Method	City
<ul style="list-style-type: none"> ▪ 15-24 - 1 ▪ 25-34 - 1 ▪ 35-44 - 2 ▪ 45-54 - 3 ▪ 55-64 - 1 ▪ 65-74 - 2 	<ul style="list-style-type: none"> • White Male - 5 • Black Male - 1 • Hispanic Male - 2 • White Female - 2 	<ul style="list-style-type: none"> • Gun Shot - 10 	<ul style="list-style-type: none"> ▪ Denton - 3 ▪ Lewisville - 1 ▪ Carrollton - 2 ▪ Trophy Club - 1 ▪ Bartonville - 1 ▪ Little Elm - 1 ▪ Argyle - 1

- ❑ So far for 2022 there have been **71** suicides
- ❑ In 2021 there were **98** suicides in Denton County
- ❑ In 2020 there were **81** suicides in Denton County
- ❑ In 2019 there were **92** suicides in Denton County
- ❑ In 2018 there were **89** suicides in Denton County

SUICIDE DEATH DATA FOR OCTOBER 2022 12 REPORTED SUICIDES

Age	Race/Sex	Method	City
<ul style="list-style-type: none"> ▪ 25-34 - 3 ▪ 35-44 - 1 ▪ 45-54 - 1 ▪ 55-64 - 3 ▪ 65-74 - 4 	<ul style="list-style-type: none"> • White Male - 6 • Black Male - 1 • Asian Female - 1 • White Female - 2 • Unknown Female - 1 • Unknown Male - 1 	<ul style="list-style-type: none"> • Gun Shot - 8 • Hanging - 3 • Jumping off bridge - 1 	<ul style="list-style-type: none"> ▪ Denton - 1 ▪ Lewisville - 5 ▪ Roanoke - 1 ▪ Highland Village - 1 ▪ Argyle - 1 ▪ Unknown - 3

- ❑ So far for 2022 there have been **83** suicides
- ❑ In 2021 there were **98** suicides in Denton County
- ❑ In 2020 there were **81** suicides in Denton County
- ❑ In 2019 there were **92** suicides in Denton County
- ❑ In 2018 there were **89** suicides in Denton County

Denton PD Mental Health/Suicidal Calls for Service and Reports Taken

2022	Patrol MH/Suicidal CFS	Reports Taken (Info, MH)
January	153	77
February	153	68
March	157	81
April	196	91
May	229	113
June	208	102
July	189	88
August	193	86
September	154	61
October	177	74
November-13	94	31
December		

Denton PD CIRT EDOs and Follow-ups

2022	EDOs	CIRT Follow-ups
January	18	
February	19	
March	25	
April	16	
May	23	122
June	24	211
July	27	196
August	28	219
September	15	179
October	17	172
November-13	9	68
December		

LFD/LPD CoCare Crisis Unit Monthly Stats

Mental Health Calls for Service & CoCare Response

	Jan 2022	Feb 2022	Mar 2022	Apr 2022	May 2022	June 2022
Total Mental Health CFS	33	82	91	101	157	99
CoCare CFS Response - Total	7	34	34	55	43	35
CoCare CFS Response - Percentage	21%	41%	37%	54%	27%	35%

	Jul 2022	Aug 2022	Sept 2022	Oct 2022	Nov 2022	Dec 2022
Total Mental Health CFS	102	142	158	102		
CoCare CFS Response - Total	25	46	43	32		
CoCare CFS Response - Percentage	25%	32%	27%	31%		

Mental Health In-Person Follow-ups Completed

	Jan 2022	Feb 2022	Mar 2022	Apr 2022	May 2022	June 2022
Mental Health follow-ups - Total	4	10	11	33	37	43

	Jul 2022	Aug 2022	Sept 2022	Oct 2022	Nov 2022	Dec 2022
Mental Health follow-ups - Total	32	40	36	44		

Mental Health Case Reports completed / Assigned to CoCare

	Jan 2022	Feb 2022	Mar 2022	Apr 2022	May 2022	June 2022
All MH reports taken	26	62	65	57	84	53
MH cases not assigned	1	1	0	1	1	1

	Jul 2022	Aug 2022	Sept 2022	Oct 2022	Nov 2022	Dec 2022
All MH reports taken	54	83	63	46		
MH cases not assigned or CID	3	2	4	1		

Patients Transported to MH Facility with a Notice of Emergency Detention

	Jan 2022	Feb 2022	Mar 2022	Apr 2022	May 2022	June 2022
NOED Cases - Total	9	15	25	18	19	17

	Jul 2022	Aug 2022	Sept 2022	Oct 2022	Nov 2022	Dec 2022
NOED Cases - Total	20	38	23	15		

Flower Mound Mental Health Call for Services 2022

January	39
February	30
March	49
April	27
May	34
June	45
July	44
August	45
September	53
October	47
November	
December	
YEAR TOTAL	

Flower Mound Mental Health Follow-ups

January	39
February	30
March	49
April	27
May	34
June	45
July	50
August	41
September	46
October	41
November	
December	
YEAR TOTAL	

Flower Mound Mental Health Reports (Completed/Assigned)

January	23
February	21
March	42
April	18
May	29
June	36
July	36
August	34
September	39
October	38
November	
December	
YEAR TOTAL	

Flower Mound Transport to Mental Health Facility- Involuntary

January	4
February	4
March	11
April	4
May	5
June	9
July	4
August	6
September	17
October	5
November	
December	
YEAR TOTAL	

Flower Mound Transport to Mental Health Facility- Voluntary

January	2
February	2
March	2
April	4
May	7
June	4
July	6
August	6
September	6
October	12
November	
December	
YEAR TOTAL	

Denton County MHMR Needs Assessment

Do you live in Denton County?

Denton County MHMR Center is conducting a needs assessment, and we are asking for your support. Please consider completing this brief survey on the health needs of those living in Denton County by scanning the QR code. The data collected from the surveys will assist us in making decisions on increasing services in our community and accessing the needed funding.

All survey responses are anonymous, and a report of the collected data will be made available on our website.



dentonmhmr.org



Denton County Behavioral Health Leadership Team Meeting 2023 Meeting Schedule

All meetings will be held from 8:00 a.m. – 9:30 a.m. at
United Way of Denton County
1314 Teasley Lane

Thursday, January 19

Thursday, March 16

Thursday, May 18

Thursday, July 20

Thursday, September 21

Thursday, November 16