# Denton County Behavioral Health Leadership Team Meeting

Thursday, March 21, 2024, 8 am – 10 am UWDC 1314 Teasley Lane, Denton & Zoom



# Agenda

### **OUR VISION:**

Comprehensive behavioral health for every person in Denton County

# OUR MISSION:

- The Denton County Behavioral Health Leadership Team will advocate and facilitate a collaborative person-centered behavioral health system to repair and restore lives:
- Ensure behavioral health services are available to meet the needs of all
- Assess data for continuous outcome measurements
- Prioritize data driven recommendations
- Provide a continuum of care

1. Call to order			Hope Galloway
2. Vote to Approve Minutes			Hope Galloway
3. New Participant/Guest Introductions			Hope Galloway
4. Report from the Local Mental Health Authority			Pam Gutierrez
5. Mental Health Navigator Update			Denton County Public Health
6. Crisis Stabilization & Extended Observation Recap			Backbone Support
7. Texas Health Resources Grant			Julie Wright
а. b. c.	orkgroup Committee Reports Child and Family Systems Substance Use Suicide Prevention CrossCare Collaborative Veterans	Laura Prillwitz & Lisa Ellio Hope Galloway & Lauren Brittany Waymack Megan Ball & Landon Dic Olivia Williams	Titsworth
<ul> <li>9. New Business</li> <li>a. Voting of new appointees</li> <li>b. Review of strategic plan</li> <li>c. Voting for a new March 2025 BHLT date</li> </ul>			Hope Galloway
10. a. b. c.	Backbone Support Updates Financial Initiatives Olivia Wi Denton County Homelessness Leadership Team Denton County Workforce Success Leadership Team		lliams & Shelby Redondo Olivia Williams Shelby Redondo
11.	Public Comment		Elisa Howell
12.	Adjourn		Elisa Howell

### **Upcoming Meetings & Events:**

• DCBHLT Meeting: Thursday, May 16, 8 am - 10:00 am

#### Thursday May 16, 2024

#### 8 am – 10 am

#### **Meeting Minutes**

- 1. Call to order: The meeting was called to order at 8:05 by Lt Elisa Howell.
- 2. New Participant/Guest introductions: Derek Thomas from THR, Courtney Wayne, Social Worker for Veterans Administration, Kirstin Zurita, Community Supervision Correction Department for Denton County, Shyanne Gines, Roanoake Police Department and UWDC interns.
- **3. Approval of Minutes:** Motion made by Hope to approve the Mach minutes, seconded by Lisa Settles. Motion approved.
- 4. Report from Local Mental health Authority: Fonny Wright gave the report for the LMHA re:

Intake and Data services – Number appear up for the month of April

Discussed MHMR capacity vs overserving

Programing updates

Next Step/ Priorities – the feasibility of an Extended Observation Unit (EOU)

Assessment of outpatient treatment – coordinating with courts

Discussed areas the stakeholders need to be aware of – facilities, caseloads and staffing.

5. MHMR School Liaison Presentation: Report by anna Drummond

A "Comfort Box for de-escalation" was passed around for members to experience these need funding to be used by the schools.

A "Virtual Calming Room" was presented and the use explained.

Members viewed some of her resources and did some resource sharing with attendees at the meeting.

### 6. Credible Mind Demonstration: Alex Reed involved the attendees in 3 exercises:

A "gratitude exercise" of passing a sticky note expressing gratitude to the person on their right, She challenged them to find a link resource that they could share with someone To text someone in their life that made it possible for them to be here today.

Also discussed that the Mental health Navigators have increased their contacts but still have capacity remaining.

Also, discussed the possibility of putting Credible Minds as part of the MHMR intake.

7. Workgroup reports:

**Child and Family Systems:** Laura reported on the marketing of Credible Minds and Mental health Navigators to support the county's efforts.

**Substance Use:** Hope reported that Solutions of North Texas has non-medical detox beds for women and is ready for referral. Also, the Empower is a private company looking to looking at family housing units and is working with Solutions of North Texas. She also reported that there is a movie screening at Zera Coffee house on the Fentanyl Crisis. She reminded everyone of the

Toilet paper drive for SONT. Recovery in the Park is scheduled for September 21<sup>st</sup>. And finally, that the City is working with Sober Living Homes in town on quality.

**Suicide Prevention:** Shelby reported that the workgroup is reshaping itself with the strategic plan.

**Cross Care Collaborative:** Megan reported that they have been working with Judge Jann and SIMs mapping.

### 8. New Business:

Elisa reported that the Strategic Plan group met for the 1<sup>st</sup> time to look at the process. They are working on the vision and mission statements and how the workgroups align with those statements.

# 9. Backbone Support:

The Housing and Homelessness Leadership Team has finished updating their Strategic Plan thru 2025. The slides from the Data Reveal for the Point in time count will be sent electronically. The Workforce Success Leadership Team is conducting Drop Skills training. They are collaborating with community resources. Also10. , looking at a childcare subsidized spot assessment.

### **10. Public Comment:**

NAMI walk is this Saturday, May 18 from 9-12.

RFP grant cycle is opening for Texas Health Resources June 15<sup>th</sup> and applications are due by August 1<sup>st</sup>.

# 11. Adjourned at 9:40 am