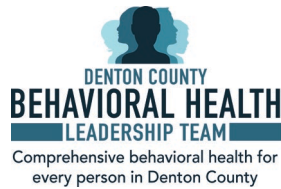


Agenda **May 19, 2022**

- I. Welcome: Lisa Elliott
- II. Vote to Approve Minutes: Lisa Elliott
- III. New Participant/Guest Introductions: Lisa Elliott
- IV. Special Presentation from Recovery Resource Council: Kaye Ibrahim Hashim
- V. Opioid Response Team Update: Eric Niedermayer & Becky Tinney
- VI. Crisis Response Team Update: Sgt. Elisa Howell & Sara Gawor
- VII. Report from Mental Health Authority: Brittany Waymack
- VIII. Workgroup Committee Reports
 - a. Child and Family Systems: Lisa Elliott & Laura Prillwitz
 - b. Jail Diversion: N/A
 - c. Veterans: Shanan Spencer
 - d. Substance Use: Hope Galloway
 - e. Suicide Prevention: Scott Domingue & Brittany Waymack
 - f. Data: Juan Rodriguez & Julie Wright
- IX. New Business
 - a. Proposed new appointee: Lisa Settles – Our Daily Bread
 - b. Proposed new ex officio: Honorable Lauri Ragland – Denton County Criminal Court
- X. Backbone Support Updates
 - a. COVID-19 Relief & Recovery Fund Outcomes: Gary Henderson
 - b. Denton County Homelessness Leadership Team Update: Elena Lusk
 - c. Denton County Workforce Success Leadership Team: Olivia Williams
- XI. Public Comment
- XII. Adjourn

All meetings: 8:00 a.m. to 9:30 a.m. | United Way Denton County
Next Meeting: July 21, 2022





Thursday, January 20, 2022 | 8:00 a.m. – 9:30 a.m.

Meeting Minutes

The meeting was called to order by Chair, Dr. Lisa Elliott at 8:00 am. She welcomed all members and guests.

Lisa called for a motion to approve the minutes from the November 2021 meeting. Terry Widmer moved and Bobbie Mitchell seconded. The minutes were approved as presented.

Lisa introduced Dr. Ann Hughes from Sanger ISD and Judge Lauri Ragland as new participants in the group.

Lisa presented Dr. Ann Hughes as a new appointee from the ISDs and called for a motion to vote. Scott Domingue motioned and Terry Widmer seconded. The voting was unanimous in the affirmative.

Lisa then presented Judge Lauri Ragland as an appointee from the Cumberland Presbyterian Children's Home Board and called for a motion to vote. Roxanne Del Rio motioned and Terry Widmer seconded. The voting was unanimous in the affirmative.

Alisa Quimby from the WATCH Coalition was presented by Lisa as a new ex-officio member and called for a motion to vote. Bobbie Mitchell motioned and Terry Widmer seconded. The voting was unanimous in the affirmative.

Courtney Jaimes from North Central Texas University was presented by Lisa as a new ex-officio member and called for a motion to vote. Terry Widmer motioned and Roxanne Del Rio seconded. The voting was unanimous in the affirmative.

The Child and Family systems Workgroup presented "The Case for Mental Health Navigators." They described the increasing demand for mental health services, the increased acuity of those needing services, the difficulty navigating the mental health system, the co-occurring needs of those seeking services, and the lack of mental health resources in Denton County. They expressed the need for mental health navigators to assist residents of Denton County with accessing available resources as well as to collect data to determine service gaps. The navigators would serve as the clearing house for those seeking services, being up to date on providers, wait lists, insurance issues, etc. The CFS intends to present the same information to the Denton County Commissioners Court as part of a request for funding to pilot the program.

Pam Gutierrez provided a report from the Mental Health Authority. She indicated the Denton County MHMR is now providing outpatient substance use treatment on Tuesday and Thursday evenings from 6-8 pm. The treatment is a 15 week course. MHMR has partnered with Haven in Dallas to provide inpatient detox services. Transportation is available to and from Dallas for this service. They are also providing ambulatory detox services in Lewisville. Other updates: MHMR now provides an online intake for clients. MHMR was denied ARPA funds to increase salary and retention of MHMR staff.



Lisa called for workgroup committee reports.

Veterans: Elishia Baxter reported that the Texas Veterans Commission (TVC) grant is in the 3rd quarter of its second year. To date, the Veteran Stability Program has provided assistance to 119 veterans and their families. This is double the number from last year.

Suicide Prevention: Pam Gutierrez reported that there have been 4 suicide deaths already in 2022. Scott Domingue reported that the Suicide Prevention Workgroup is finalizing its membership and will begin meeting regularly.

Substance Use: Hope Galloway reported that the data collection and resource subgroups will no longer be meeting separately. The full workgroup is now focusing on a universal intake questionnaire of 5-10 questions to assist with determining best treatment options for clients. The workgroup is also planning two think tank sessions to talk more about collaborative efforts among providers.

Data: Shanan Spencer reported for Juan Rodriguez that the data workgroup will be sending a survey to BHLT members to gather information on critical data points. The group intends to have its first meeting prior to the next BHLT meeting.

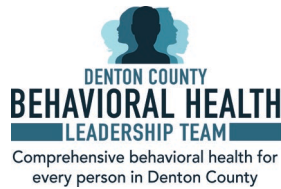
Lisa called for public comment. Alisa Quimby reported that WATCH is hosting a CSEY workshop on February 4, 2022 from 8 a.m. – 1:00 p.m. The workshop will be virtual.

Lisa adjourned the meeting at 9:30 a.m.

Next Meeting: Thursday, March 17, 2022 | 8:00 a.m. to 9:30 a.m. | United Way Denton County

2022 Meeting Schedule
Thursday, May 19, 2022
Thursday, July 21, 2022
Thursday, September 15, 2022
Thursday, November 17, 2022





Meeting Minutes March 17, 2022

Dr. Lisa Elliott called the meeting to order at 8:02 a.m. and welcomed the group to the meeting.

There was not a quorum present, so minutes from the January 2022 meeting were not approved and will be placed on the May agenda.

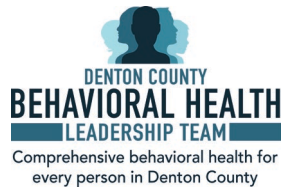
Lisa welcomed Missy Bassett from TWU, who was representing Dr. Stephanie Brown in her absence.

Eric Niedermayer and Becky Tinney gave a report on the Opioid Response Team pilot in Denton County.

- Growing the program to 80% of Tarrant Co.
- FU visits with people that have a sub abuse disorder and these teams conduct in person visits with the people with 72 hours of an overdose.
- The teams receive their information from Med Star and the team will then visit the families to train then in Narcan use and use of fentanyl testing strips.
- Long term goal is to see a decrease in overall overdose deaths in the communities that they are serving. This program launched just prior to Christmas 2021, this is a pilot program in Texas.
- 62 overdoses, serving 48 of those clients. Some of the people cannot be found in follow up because the information is pulled from 911 information. 7 clients have completed the treatment screening services and added to a waitlist. 11 people have participated in a recovery process. Peer support specialist report that the people feel an improvement in their mental wellbeing after receiving health. Funded to have this program launched in Denton, Dallas and Lewisville counties.
- **Hope Galloway** – made a statement that a friend received Xanax in Denton that was laced with Fentanyl and died immediately. We have to stop denying that Fentanyl is present in Denton County. **Eric Niedermayer** shared some numbers just in 2022 alone, showing that this is a silent issue that people are not aware of.

Sgt. Elisa Howell shared the most current data from the City of Denton Crisis Response Team.

- The number of **EDO's (emergency detention orders)** completed from May 2021- March 2022- **221**
- The number of **assigned cases** since inception in May 2021-March 2022- **995**
** the definition of assigned cases are those that have mental health info. reports written in Athena (from a crisis call for service) and are a mental health consumer within our jurisdiction.
- The number of **follow ups conducted** (case management piece) since inception in May 2021- February 2022- **1,933**
** follow ups are considered to be contacts with a known mental health consumer in the community either via face to face/in person (preferred) or via phone call, email correspondence or with a close family member of the mental health consumer after the initial crisis. These follow ups can be ongoing from the initial crisis/case assignment until needs are met, resources are provided or the consumer no longer desires our contact/correspondence.



- The **number of Calls for Service** overall for mental health and suicidal persons within Denton, according to Athena, since our inception in May 2021-February 2022- **1,360**
- The **number of active calls for service in which a clinician was present/on scene** since going live in May 2021-February 2022- **410**

Pam Gutierrez reported that Denton County MHMR

- Received grant from City of Denton for reduction of harm abuse. Follow up will take place with this grant. Building partnerships with sober living orgs. They have to be dual diagnosed, homeless and addict – program will start April 19th.
- **March 25th** – Collaborative summit will be held (flyer included). To discuss helping people hopefully to keep them out of jail, or to defer as soon as possible.
- Northwest ISD – now has agreed to put Narcan on every campus

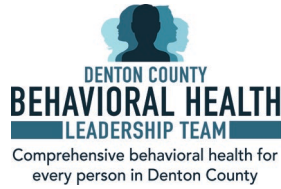
Workgroup Committee Reports

- Child and Family Systems: Lisa Elliott and Laura Prillwitz reported that CFS is co-sponsoring a workshop in May on child sex trafficking. More details will be sent to the group as they are received. The group is also preparing (with WATCH) mental health proclamations that will be read in multiple Denton County municipalities and by the Commissioners Court in honor of Mental Health Awareness Month. They also shared that the Mental Health Navigator Project is progressing.
- Jail Diversion: N/A
- Veterans: Elishia Baxter reported that the Veteran Stability Program (VSP) has assisted 131 veterans to date from the Texas Veterans Commission financial assistance grant. VSP has applied for continued grant funding for the next fiscal year.
- Substance Use: Hope Galloway reported that they have developed training for the ISDs and NCTC on how to recognize substance abuse. They also reported that MHMR has a new webpage that offers resources for substance use. sudresources.com
- Suicide Prevention: Brittany Waymack reported that a full committee meeting was held last week and the data from the last few years was shared. The group shared goals and hopes for the group. They understand that there are multiple gaps in the system that need to be filled to start reducing the number of suicides.
- Data: Shanan Spencer reported that the first work group meeting was last week. They understand that this is a huge task for mental health, so they decided to focus smaller and ask for specific data to be submitted. They want to use the same critical indicators across the board.

New Business: Lisa reminded the group that May is Mental Health Awareness Month and she encouraged participation in Mental Health Awareness activities.

Backbone Support Updates

- COVID-19 Relief & Recovery Fund Outcomes: N/A
- Denton County Homelessness Leadership Team Update: Elena Lusk reported that the team did not meet in Feb but will meet in April. They are planning a memorial event for those that had passed away while experiencing homelessness. The event is on April 2nd for 11-1 at Quakertown Park. Data work group is near the end of finalizing the racial equity dashboard to go live to the



public. This analyzes data on whether or not families will receive a rental assistance program to prevent homelessness.

- Denton County Workforce Success Leadership Team: N/A

Public Comment: Pam Gutierrez thanked the Denton City Council, Mayor, and law enforcement for the grant MHMR received.

Lisa adjourned the meeting at 9:20 a.m.

All meetings: 8:00 a.m. to 9:30 a.m. | United Way Denton County
Next Meeting: May 19, 2022

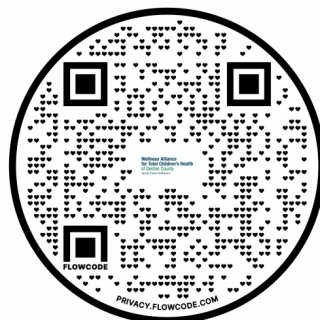
Together for Mental Health



**CHILDREN'S FEELINGS
ARE A WORK OF ART**

Visit our Art Gallery at WatchDenton.org
between **May 16 - 20**

Participate in our Community Reflections Board and find children's mental health related artwork, resources, & activities. Vote on your favorite piece of artwork for a chance to win a prize!



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