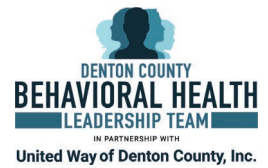


# Denton County Behavioral Health Leadership Team Meeting

Thursday, July 20, 2023, 8am – 9:30 am

UWDC 1314 Teasley Lane, Denton & Zoom



## OUR VISION:

Comprehensive behavioral health for every person in Denton County

## OUR MISSION:

The Denton County Behavioral Health Leadership Team will advocate and facilitate a collaborative person-centered behavioral health system to repair and restore lives:

- Ensure behavioral health services are available to meet the needs of all
- Assess data for continuous outcome measurements
- Prioritize data driven recommendations
- Provide a continuum of care

## Agenda

1. Call to order Lisa Elliott
2. Vote to Approve Minutes Lisa Elliott
3. New Participant/Guest Introductions Lisa Elliott
4. Vote to Approve any Bylaw Amendments N/A
5. Vote to Approve any New Appointees or Ex-officio Members Lisa Elliott
6. Report from the Local Mental Health Authority Diana Cantu
7. Report from Local Representatives' Offices Deon Starnes, Tonya Morris & Jeff Coulter
8. Mental Health Navigator Update Alex Reed & Maggie Banda
9. Workgroup Committee Reports
  - a. Child and Family Systems Lisa Elliott & Laura Prillwitz
  - b. Substance Use Hope Galloway & Lauren Titsworth
  - c. Suicide Prevention Scott Domingue & Brittany Waymack
  - d. Data Juan Rodriguez & Julie Wright
  - e. BHLT/HLT Ad Hoc Kimberly Bunnell & Michelle Conner
  - f. Veterans Elishia Baxter
10. New Business Lisa Elliott
11. Backbone Support Updates
  - a. Financial Initiatives Gary Henderson
  - b. Denton County Homelessness Leadership Team Gary Henderson
  - c. Denton County Workforce Success Leadership Team Shelby Redondo
12. Public Comment Lisa Elliott
13. Adjourn Lisa Elliott

## Upcoming Meetings & Events:

**DCBHLT Meetings:** 9/21/23, 11/16/23, 8 am – 9:30 am: UWDC & Zoom

**QPR Suicide Prevention Training:** 8/15/23, 9/19/23, 10/17/23, 11/21/23, 12/19/23:  
7 pm – 8:30 pm by Zoom

**WATCH Coalition Suicidal Ideation Workshop:** 8/25/23, 11 am – 2 pm by Zoom

**Recovery in the Park:** Saturday, 9/16/23, 11 am – 2 pm: Denton County Administrative Complex Amphitheater

**Denton ISD Staff Wellness Expo:** Saturday, 9/30/23, 9 am – 1 pm: Denton High School

**Denton County Behavioral Health Leadership Team**  
**Thursday May 18, 2023, 8 am-9:30 am Meeting**  
**Minutes**

- I. Call to Order: The meeting was called to order by Dr. Lisa Elliott at 8:04 am
- II. Report from Mental Health Authority –Pam Gutierrez

Pam gave a power point presentation providing a detailed overview of MHMR organizational structure, revenue sources and service programs. The presentation will be emailed to the group. Several commented that the broad introduction was very helpful. Topics for future meeting discussions were suggested by group members including:

1. What barriers does MHMR experience and how can the DCBH Leadership team help remove these?
2. How do people connect to the various services offered by MHMR? (MHMR staff shared that they have a brochure that will help address this/will bring& disseminate it at next meeting).
3. Is there information and data about where people who are not eligible for MHMR services are referred? Can we map this?

- III. Approval of Minutes:

Chair called for motions to approve the minutes. Following Terry Widmer's motion and Chief Rex Marks second, the minutes were approved.

- IV. New Participant & Guest Introductions: All new participants and guests were introduced & welcomed.

Ayesha Wahid- LPC-A, Director of Mental Health Initiatives, Our Daily Bread  
Bethany Evans, Psy.D., Executive Director, Counseling and Testing Services at UNT

- V. Mental Health Navigator Update-Alex Reed & Matt Richardson

In process of completing hiring and onboarding of staff. Staff will be accessible in person, via phone and text.

As program prepares to launch, working on the following:

Looking for case management software system that has capacity to capture data and generate reports that can be shared with this body and other relevant stakeholders.

Developing a high tech online MH Resource Directory Platform that will maintain up to date provider contact information, info about which providers are accepting clients, and that will capture pre and post assessment data about whether referrals offered were up to date and effective.

Anticipate very high demand; want to have infrastructure in place to be as responsive to need as possible

Goal is for the Navigator Program to become a model for the state.

VI. Legislative Report-Shelby Redondo

Group met with TX State Rep Stuckey during Denton County Days at the Capitol in March about mental health issues and he indicated that he wanted to continue the conversation after the legislative session.

Shelby will be compiling and sharing a report about positive mental health outcomes during this legislative session; will including those bills that advance mental health that passed and those that would have been detrimental and were successfully blocked.

VII. Mental Health Awareness Month Update (in packet)

VIII. Workgroup Committee Reports

- a. Child & Family Systems Lisa Elliot & Laura Prillwitz  
Major initiatives: Securing funding for MH Navigator Program; MH Awareness Month activities; and Coordinating Parent Cafes which focus on learning about the needs of children and families, as well as getting information and support out to parents.
- b. Substance Use Hope Galloway & Lauren Titsworth  
Recovery in the Park event on Sept 16 (flyer in packet)-looking for sponsorships  
Spare a Roll annual paper product drive is May 15-19 (see Flyer in packet, FB page and website to donate)  
3 Front-doors to accessing Substance Abuse Treatment Resources (flyer in packet)-  
These 3 agencies, Solutions of North Texas, Recovery Resource Council and Denton Co MHMR will help anyone get connected to substance abuse treatment resources; referrals are not limited to their own services
- c. Suicide Prevention Scott Domingue & Brittany Waymack  
Offering free virtual QPR trainings to community on 3<sup>rd</sup> Tuesday of month in 2023 (flyer in packet)  
Working with law enforcement to assess barriers to getting people to treatment, especially in rural areas  
Working with counselors at UNT, TWU and NCTC to assess barriers to getting kids who at risk for suicide, access to MH services.
- d. Veterans Elisha Baxter  
Grant updates:  
Denton County Veterans Services re-awarded 300K grant to provide financial assistance to veterans.  
Awarded 200K TX Vet Commission grant to hire LMSW to provide mental health services for veterans; won't turn anyone away but will prioritize those who cannot access VA services.

IX. New Business Lisa Elliott

- a. Involvement Planning Worksheet (see packet)-please complete/bring to July meeting or email to Shelby or Shanana in advance. During January breakout sessions, people indicated that wanted to know more about their role on DBHLT and desired to leave meetings with clear action items. This worksheet will help us plan meetings that better meet needs/interests of committee.
- b. Update on BHLT/HLT Ad Hoc Workgroup –group will have their first meeting on June 1

X. Backbone Support Updates

- a. Denton Co Homelessness Leadership Team      Olivia Williams

The HLT adopted Diversion into the Housing Crisis Response System. This is the model similar in function to the sequential intercept model for behavioral health.

Preparing Point in Time Count Presentations to share with community data about the state of homelessness

Memorial Ceremony -Our Daily Bread will host a ceremony to pay respect to homeless people who have died on October 7<sup>th</sup>.

- b. Denton Co Workforce Success Leadership Team      Shelby Redondo

Group continues to work on strategic plan

2 Entities, Goodwill and Workforce Solutions are working to get info information out to the community

Child Care Services Listening Session on June 21, 9:30 am at United Way of Denton

Applications for childcare scholarship (subsidy) remains open (

<https://www.wrksolutions.com/x1141>)

XI. Public Comment-

Dr. Mary Jones is coordinating a committee to offer perspectives on homelessness. Denton County Homeless Coalition conducted a panel discussion entitled 'Unsheltered'. Another panel is scheduled for June 6, 2023 entitled 'Follow the Money'

Denton ISD Staff Wellness Exposition being hosted on Sat 9/30/23 to support staff in school district

THRIVE (Together Harnessing Resources to Give Individual Voice and Empowerment) program contracting with 5 new schools

XII. Meeting Adjourned at 9:35 am

# Question. Persuade. Refer.



Denton County Behavioral Health Leadership Team is proud to bring QPR training to our residents.

## QPR stands for Question, Persuade, and Refer

-- the 3 simple steps anyone can learn to help save a life from suicide.

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor. QPR can be learned in a one-hour course. (<https://www.qprinstitute.com/about-qpr>)

## Topics Include

- How to Question, Persuade, and Refer someone who may be suicidal
- How to get help for yourself or learn more about preventing suicide
- The common causes of suicidal behavior
- The warning signs of suicide
- How to get help for someone in crisis

When: 3rd Tuesday of each month in 2023

Time: 7 pm to 8:30 pm

Where: Virtual

**Cost: FREE**

**Limited "seats"!**



Reserve your seat by scanning the QR code or visiting the link at the bottom of the page.

**Upcoming dates: June 20  
July 18**

**August 15  
September 19**

**October 17  
November 21**

**December 19**

Sponsored by



REGISTER YOUR SPOT TODAY!  
[HTTPS://TINYURL.COM/OPRATTEXASHEALTH](https://tinyurl.com/oprattexashealth)

# Suicidal Ideation: Cultivating Supportive Strategies for Children and Youth



Title of Art: I am enough,  
Age of artist: 17yo  
Image provided thru WATCH Art Contest

Friday, Aug 25th, 2023  
11:00am - 2:00pm

No fee for continuing  
education hours  
Virtual Event

\*link provided 2 days before

[Click HERE to Register](#)

## By attending this workshop, learners will be able to:

- 1) Describe the current research on suicidality
- 2) Recognize the signs and symptoms of depression and risk factors for suicidality
- 3) Define the steps to assess risk of harm and identify appropriate levels of treatment
- 4) Describe at least 3 interventions for children/adolescents with suicidal ideation
- 5) Summarize trauma informed strategies to build a culture of support

## LIST OF SPEAKERS:

- Rebekah DePeo-Christner, , LPC-S, LCDC, NCC; Coordinator of Social and Emotional Learning; Denton ISD
- Catherine Pike, BS-QMHP; Program Manager Psychiatric Triage, Denton County MHMR
- Arianna Moore, MS-QMHP, Director of Crisis Services, Denton County MHMR
- Catherine Richardson, MA, LPC; Regional Director of Counseling, Connections Wellness Group
- Tasha Moore, M.Div, Communities in Schools of North Texas LMSW, Chief Executive Officer

**Behavioral Health:** Cook Children's Health Care System certifies that this meets the requirements for continuing education by the Texas Behavioral Health Executive Council.

**Social Work/LPC/LMFT:** This activity provides 2.75 clock hours.

**Psychology:** This activity provides 2.75 professional development hours.



# RECOVERY IN THE PARK

— DENTON COUNTY —

September 16<sup>th</sup>

11:00 am to 2:00 pm

Denton County Administrative Complex  
1 Courthouse Drive  
Denton, Texas 76208

*Celebrating Community & Recovery*



ENDORSED  
BY:



DENTON COUNTY  
BEHAVIORAL HEALTH  
LEADERSHIP TEAM

# Volunteers Needed



## **RECOVERY IN THE PARK** *— DENTON COUNTY —*

**Saturday, September 16, 2023**

**9 am - 4 pm**

**Learn More Here**







1314 Teasley Lane  
Denton, Texas 76205  
940-566-5851 x. 120  
[www.unitedwaydentoncounty.org](http://www.unitedwaydentoncounty.org)

Dear Community Friend,

Plans are underway through the Denton County Behavioral Health Leadership Team for Denton County's first **Recovery in the Park** event, and we are requesting the support of your organization as a sponsor or contributor.

**Recovery in the Park** will be held on Saturday, September 16, 2023, at the Denton County Administrative Complex Amphitheater. This community celebration pays tribute to residents of Denton County who are in recovery, their families, and substance use treatment providers.

Together, we will educate our community on the dangers of substance use and resources available for recovery. This will be done in a fun, sober environment. We will have food, games, and musical entertainment. This is a community-wide, family friendly event.

This is NOT a fundraising event, but all donations are tax deductible. All contributions and sponsorships will be used to cover the cost of this event.

Thank you for considering this opportunity to support Recovery in the Park as we work to decrease substance use in Denton County. If you have any questions, please contact Shanan Spencer at (940) 566-5851 ext. 120 or [Shanan@UnitedWayDenton.org](mailto:Shanan@UnitedWayDenton.org). Thanks again for your support!

Sincerely,

**The Denton County Behavioral Health Leadership Team**  
[Denton County Behavioral Health Leadership Team](#)





# Recovery in the Park

## Sponsorships



Sponsorship benefits are detailed below. In addition to the publicity and marketplace exposure, you and/or your business will be provided, your participation will help the Denton County Behavioral Health Leadership Team's efforts in providing the Denton County Community education and awareness about substance use disorders.

**To purchase a sponsorship online, go to:**

**<https://www.prekindle.com/event/74114-recovery-in-the-park-denton>.**

To make a purchase by check, complete the next page and submit with your check.

### EVENT SPONSOR

**\$500.00**

- Company logo on back of event t-shirt (large image)
- Company name listed on website, social media, and all print materials
- Introduction at the event
- Sponsor Table: 7x10 space with table and 2 chairs included for promotional materials

### RECOVERY SPONSOR

**\$250.00**

- Company logo on back of event t-shirt
- Company name listed on website and social media
- Sponsor Area: 7x10 space without table and chairs for promotional materials

### FRIENDS

**\$100.00**

- Company name listed on website and social media
- Company name on event t-shirt
- Sponsor Area: 7x10 space (no table or chairs provided) for promotional materials

### NON-PROFITS

**\$50.00**

- Company name listed on website and social media
- Company name on event t-shirt
- Sponsor Area: 7x10 space (no table or chairs provided) for promotional materials




### GENERAL SUPPORT

**ANY \$ AMOUNT WELCOMED**

# DENTON ISD STAFF WELLNESS EXPOSITION



The expo is a collaborative initiative designed to gather community providers and resources for a wellness fair to support the mental, physical, and emotional health of 5,000 Denton area school staff.

-  Saturday, September 30, 2023
-  9:00 AM - 1.00 PM
-  Denton High School  
3001 Bronco Way

## ENGAGEMENT OPPORTUNITIES

DISD Staff Wellness Exposition	VOLUNTEER	DONOR	VENDOR	CUM LAUDE SPONSOR	MAGNA CUM LAUDE SPONSOR	SUMMA CUM LAUDE SPONSOR
	N/A	\$	\$100 + \$50 door prize	\$500	\$1,000	\$1,500
Company logo on banner with tiered placement					✓	✓
Company logo listed on the expo website, social media, and all print materials with tiered placement					✓	✓
Company name listed on the expo website, social media, and all print materials				✓		
Introduction at the event and speaking time					30 seconds	60 seconds
Introduction at the event				✓		
Vendor table and two chairs			✓	✓	✓	✓
Promotional materials in participant bags				✓	✓	✓
Pre and post-event exposure in DISD digital publications				✓	✓	✓
Post-event social media shout outs via DISD			✓	✓	✓	✓
Rallying in support of school staff!	✓	✓	✓	✓	✓	✓



[Learn more here](#)

*Let's show our teachers and school staff how much the Denton community cares!*



IN PARTNERSHIP WITH  
**CONNECTIONS**  
WELLNESS GROUP