

Denton County Behavioral Health Leadership Team Meeting

Thursday, September 21, 2023, 8am – 9:30 am

UWDC 1314 Teasley Lane, Denton & Zoom



Agenda

1. Call to order Lisa Elliott
2. Vote to Approve Minutes Lisa Elliott
3. New Participant/Guest Introductions Lisa Elliott
4. Mental Health Navigator Update Alex Reed
5. Report from Local Mental Health Authority Pam Gutierrez
6. Special Presentation from Ranch Hands Rescue Landon Dickeson
7. Workgroup Committee Reports
 - a. Child and Family Systems Laura Prillwitz
 - b. Substance Use Hope Galloway & Lauren Titsworth
 - c. Suicide Prevention Scott Domingue & Brittany Waymack
 - d. CrossCare Collaborative Michelle Conner & Shanan Spencer
 - e. Veterans Shanan Spencer
8. New Business Lisa Elliott
9. Backbone Support Updates
 - a. Denton County Homelessness Leadership Team Olivia Williams
 - b. Denton County Workforce Success Leadership Team Shelby Redondo
10. Public Comment Lisa Elliott
11. Adjourn Lisa Elliott

Upcoming Meetings & Events:

- DCBHLT Meeting: Thursday, November 16, 2023, 8 am - 9:30 am
- UBH Denton's Women's Symposium: Friday, October 13, 2023, 8 am – 4 pm (see flyer in packet)
- Stompin' Stigma: Saturday, October 14, 2023 (see flyer in packet)
- QPR Suicide Prevention Training: Tuesday, October 17, 2023, 7 pm – 8:30 pm (see flyer in packet)
- Denton County Homeless Veterans Stand Down: Thursday, October 26, 2023, 9 am @ Denton Civic Center

OUR VISION:

Comprehensive behavioral health for every person in Denton County

OUR MISSION:

The Denton County Behavioral Health Leadership Team will advocate and facilitate a collaborative person-centered behavioral health system to repair and restore lives:

- Ensure behavioral health services are available to meet the needs of all
- Assess data for continuous outcome measurements
- Prioritize data driven recommendations
- Provide a continuum of care

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Thursday, July 20, 2023, 8am – 9:30am

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Meeting Minutes

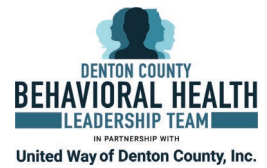
1. Call to Order: Dr. Lisa Elliot called the meeting to order and welcomed all participants.
2. Vote to Approve Minutes: Terry Widmer motioned and Dianne Hickey seconded. The minutes were approved as written.
3. New Participant/Guest Introductions: New participants Mayor Lynn Clark from Hickory Creek, Krystin Haire as the new therapist for the Veterans Counseling Program, and Michelle Conner as co-chair for the Ad Hoc workgroup were introduced.
4. Vote to Approve any Bylaw Amendments: None this meeting.
5. Vote to Approve any New Appointees or Ex-officio Members: Dr. Lisa Elliott called for the approval of:
 - Kimberly Bunnell – CEO for UBH
 - Dr. Bethany Evans – Executive Director of Counseling & Testing at UNT (replacing Dr. Knapp-Grosz)
 - Courtney Jaimes – Student Services Manager – Counseling & Advising (replacing Dr. Del Rio)
 - Mayor Lynn Clark – Mayor of Hickory Creek
 - Jeff Coulter (as ex-officio) from Congressman Burgess’s Office

Terry Widmer motioned and Commissioner Bobbie Mitchell seconded the vote for approval. The vote was unanimously approved.
6. Report from Mental Health Authority-Diane Hickey, MHMR Board President spoke of current MHMR needs including more staff, improved software, and increased funding for programs. She also collected questions for the MHMR Executive Director to be addressed at the next meeting. The questions were:
 - What kinds of grants/funding does MHMR receive and what programs are these funds use for?
 - How successful has MHMR been with accessing the state hospital?
 - What is the ACT program and how is the program working with homelessness services providers?
 - What services are available to veterans?
 - What is MHMR’s plan for serving smaller communities, i.e. E. 380 communities?
 - Can you list services available by community?
 - How can DCTA partner with MHMR to help with transportation?
 - Talk about what you’re doing well and what the obstacles are to service.
7. Report from Local Representatives’ Offices:
 - Deon Starnes from Senator Springer’s office would like more information to study prior to the next legislative session. Senator Springer’s office wants to focus and prioritize mental health needs. Jeff Coulter from Congressman Burgess’s office seconded this and said it would be helpful to give a personal BHLT voice to the representatives.
8. Mental Health Navigator Update: Alex Reed spoke on what this program is and what it does.

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Mental Health Navigator is a program that collects, collates, and connects help seeker to the right resources and/or providers. Data shows 70% of people do not seek a therapist for help but instead request some kind of resource. This program has forms setup and ready to send out. Forms are in both English/Spanish. They have also established a super easy phone number. They wanted it to be easy enough for people to remember. The phone number will be both text and voice able. They are currently waiting on contracts and technology, but on boarding should begin mid-August. Once the program is up and running, it will link help seeker to the right resource/provider. The information that the help seeker gives will share data with local health care agencies so these agencies can follow up. This program also has a ping to follow-up with them later on to see if they received the right source. The plan is for this program to get fully established with Behavioral/ Mental Health first before opening this platform up for other sources such as financial and rehab information.

9. Workgroup Committee Reports

- Child and Family Systems: No report
- Substance Use Workgroup: Hope Galloway & Lauren Titsworth
 - Recovery in the Park-Denton County, September 16th 11am – 2:00pm at Denton County Administrative Complex. Denton County Behavioral Health Leadership Team partnered with United Way of Denton County. This event is for substance abuse residents who are in recovery and their families. They will provide live music, food, and games. This is a free event however, they will have resource tables. They are in need of collecting funds for this event and they need volunteers as well.
 - Suicide Prevention: Scott Domingue & Brittany Waymack
 - Scott reminded the group of the free QPR trainings offered monthly by Texas Health.
 - Data: No update
 - BHLT/Ad HOC: rescheduled for a later date due to lack of time.
 - Veterans: Elishia Baxter
 - Veterans Center on McKinney Street is still seeing a huge gap when it comes to face to face interaction. They are working on closing that gap. They hired a new person to focus on this problem.

10. New Business: will be discussed in September due to lack of time.

11. Backbone Support Updates: Gary Henderson and Shelby Redondo

- Finances. Data collected on households, focusing on gender, age, number of children, Income by gender, race, ethnicity, and average income. City of Lewisville helped \$105,000 in assistance, 53 months of mortgage. Work on helping the elderly.
- Denton County Workforce:
Shelby spoke on economic status. She is working with local rehabs on issues such as homelessness and finding ways to help families with small children finding affordable childcare while parents, go for interviews and start new jobs.

12. Public comment: no comments

13. Adjourn at 9:29am by Lisa Elliott

DCPH Links: Mental Health Navigation



Call or Text LINK to
940.349.3000

DentonCounty.gov/DCPHLinks

UBH Denton's Women's Symposium

Inspiring Resiliency
and Hope

REGISTER TODAY



OCTOBER 13, 2023
8 AM - 4 PM

Texas Woman's University, Southeast Ballroom
301 Administration Dr, Denton, TX 76201

Join us for a speaker series of important **Women's Behavioral Health Presentations** brought to you by experts in the mental health field. This event offers CE's for 4.5 Hours of credit. Breakfast and lunch included, along with networking opportunities.

Keynote Speaker — Dr. Nicole Hawkins, PhD, CEDS-S
Clinical psychologist and Chief Executive Officer at Center for Change



We are pleased to sponsor **Refuge for Women** a Denton County non-profit providing specialized long-term and emergency housing for women who have escaped human trafficking or sexual exploitation.

5K COURSE
**PROFESSIONALLY
TIMED RACE**
SPONSOR BOOTHS
RAFFLE PRIZES
MUSIC/DJ
**MEDALS FOR
ALL AGE GROUPS**
AND MORE!



wtf-winningthefight.org

STOMPIN' STIGMA

Put a team together in honor of someone in recovery, still struggling or that you've lost.

River Walk
4150 River Walk Drive
Flower Mound, TX 75028

REGISTRATION: 7:00am
1 MILE FUN RUN/WALK: 8:20am
5K RUN: 8:30am



REGISTER: WTF-WINNINGTHEFIGHT.ORG

REGISTRATION

	PRE-REGISTER	WALK UP
Adults	\$35	\$45
Students, Teachers, Military, Police/Fire Departments	\$25	\$35
Pre-Race Packet Pick-Up: Friday, October 13, 2023 9:00am - 5:00pm Outlaw Fit Camp 811 International Pkwy Suite 460 Flower Mound, TX 75022		

Winning The Fight is a community resource providing education, support, and guidance to individuals and families who struggle with the disease of addiction.

You Can Learn to Prevent Suicide



Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in recognizing the warning signs of a suicide can assist in navigating someone to help.

Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor.



Please join us for this virtual training event via Microsoft Teams.



Evidence-Based Training for Suicide Prevention

Aug. 15 | Sept. 19 | Oct. 17 | Nov. 21 | Dec. 19

Join us for this **FREE** session on the 3rd Tuesday of each month. from 7 to 8:30 PM.

Training sessions will be conducted by certified QPR instructors.

KEY COMPONENTS COVERED IN TRAINING:

- How to Question, Persuade and Refer someone who may be suicidal
- The common causes of suicidal behavior
- The warning signs of suicide
- How to get help for someone in crisis



To RSVP, please scan the QR code.

Registration is required for training.





**Denton County
Veterans Center**

VETERAN COUNSELING SERVICES

Zero Cost-individual and group Counseling for Veterans, Dependents, and Surviving spouses to help navigate personal challenges and difficulties

**1505 E. MCKINNEY ST
DENTON, TX 76209**

BY APPOINTMENT ONLY

**Referrals may be made through:
www.unitedwaydenton.org/Referral/Veterans**



This program is supported by a grant from the Texas Veterans Commission Fund for Veterans' Assistance. The Fund for Veterans' assistance provides grants to organizations serving veterans and their families.



GRIEF GROUP THERAPY

AT THE
DENTON COUNTY VETERANS
CENTER

WEDNESDAY, SEPTEMBER 20TH AT
10AM

ZERO COST GROUP
COUNSELING FOR VETERANS,
DEPENDENTS AND SURVIVING
SPOUSES

SIGN-UP HERE:
[HTTPS://FORMS.OFFICE.COM/R/AJVGKENFZS](https://forms.office.com/R/AJVGKENFZS)



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