

Thursday, May 18, 2023

Meeting Agenda

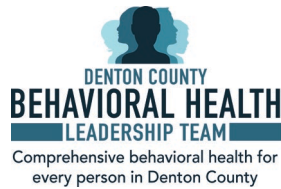
Join Zoom Meeting

[Join Denton County Behavioral Health Leadership Team Meeting](#)

I.	Welcome:	Lisa Elliott	1 minute
II.	Report from Mental Health Authority:	Pam Gutierrez	25 minutes
III.	Vote to Approve Minutes:	Lisa Elliott	2 minutes
IV.	New Participant/Guest Introductions:	Lisa Elliott	5 minutes
V.	Mental Health Navigator Update:	Alex Reed & Maggie Banda	5 minutes
VI.	Legislative Report:	Shelby Redondo	5 minutes
VII.	Mental Health Awareness Month Update:	Lisa Elliott	5 minutes
VIII.	Workgroup Committee Reports		15 minutes
	a. Child and Family Systems:	Lisa Elliott & Laura Prillwitz	
	b. Substance Use:	Hope Galloway & Lauren Titsworth	
	c. Suicide Prevention:	Scott Domingue & Brittany Waymack	
	d. Veterans:	Elishia Baxter	
IX.	New Business:	Lisa Elliott	10 minutes
	a. Worksheet for future planning		
	b. Update on BHLT/HLT Ad Hoc Workgroup		
X.	Backbone Support Updates		10 minutes
	a. Denton County Homelessness Leadership Team Update:	Olivia Williams	
	b. Denton County Workforce Success Leadership Team:	Shelby Redondo	
XI.	Public Comment		7 minutes
XII.	Adjourn		

All meetings: 8:00 a.m. to 9:30 a.m. | United Way Denton County





Meeting Minutes: Thursday, March 16, 2023

- I. Call to Order: The meeting was called to order by Dr. Lisa Elliott at 8:04 am.
- II. Approval of Minutes: The chair called for motions to approve the minutes. Before making motion, Terry Widmer noted an error in section C of Backbone Support report. Shanana Spencer made correction. Terry made motion; Bobbie Mitchell seconded. Minutes approved with changes.
- III. New Participant & Guest Introductions: All new participants and guests were introduced or introduced themselves.

Christy Argo: Newport Healthcare, PHP/IOP for teens
Marcy Babcox: Liaison for Millwood Hospital in Arlington
Dr. Steven Schafer: WATCH Coalition for Denton County
Erica Delgado: MA in SW student at UTA (UWDC Intern)
Susan Nichols: Exec Director at UNT Autism Center
Emily Bell: SW UWDC Intern
- IV. Special Presentation from Kathy O’Keefe from Winning the Fight (Substance Abuse):
 - son overdosed/died after 3rd overdose/mixed drug intoxication of heroin, Xanax (slows respiration)
 - mission is to support substance abuse education and provide resources
 - show documentaries, work with courts, present in schools
- V. Workgroup Committee Reports: Due to shortage of time, workgroup reports were removed from the agenda.
- VI. New business: Lisa Elliott
 - a. Development of Ad Hoc Committee from BHLT and HLT (Homelessness Leadership Team)
Cross collaboration between these two teams requested by City of Denton.
Megan Ball: request for collaboration comes out of overlap in the population each serves; Committee scope of work is in the packet; Courtney Douangdara reiterated that the city manager is behind this collaboration. Lisa called for a motion and vote. Terry Widmer motioned, with Bobbie Mitchell seconding. The vote to form the ad hoc committee was unanimous in the affirmative.



- b. Upcoming mental health proclamations: Shanana reminded the group that mental health proclamations will begin in April. She will send a list of sites and ask for volunteers when dates are finalized.
- c. The Mental Health Navigator positions will be up for vote at the March 28 Commissioners Court meeting.

VII. Public Comment:

- a. NAMI North Texas will be hosting NAMIWalks North Texas on May 6, 2023 from 9 am – 12 pm at Riders Field in Frisco. For more information, go to: [NAMIWalks North Texas](#).
- b. Applications for Emergency Rental Assistance (ERA) 2 will close on March 30, 2023.

VIII. Meeting Adjourned: Lisa Elliott adjourned the meeting at 9:28 am.

Future Meeting Dates:

May 18

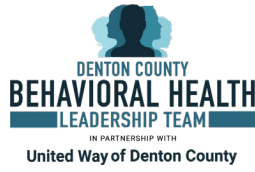
July 20

September 21

November 16

Mental Health Awareness Month Updates

- Completed 20 Mental Health Month Proclamations in municipalities throughout Denton County. This included Denton County Commissioners Court.
- Partnered with WATCH to distribute 100 “Together for Mental Health” yard signs throughout Denton County.
- Partnered with WATCH on the “Autism: A Spectrum of Support” workshop on May 5th. 221 people registered for the event.
- Partnered with WATCH to prepare the “Children’s Feelings are a Work of Art” gallery. There were 69 entries across the county in 10 categories. The gallery will be on Saturday, May 20th from 11 am – 2 pm at the Denton County Administrative Courthouse. The gallery is also available online at watchdenton.org.
- Engaging in a daily social media campaign on UWDC social media and the DCBHLT Facebook page.
- Partnered with NCTC for the “Stop the Stigma” event.
- Shanana presented to Peterbilt staff on mental health awareness and strategies for care.
- Suicide Prevention Workgroup partnered with Texas Health Behavioral Health to provide free QPR suicide prevention training.



Involvement Planning Worksheet

Think about your position in the community and your appointee sector, i.e. law enforcement, ISD, city council, non-profit board member, etc. Answer the following questions through that lens. Bring this worksheet to the next DCBHLT meeting in July.

1. What information can you bring to the DCBHLT to inform the group about mental health needs, available resources, and trends?

2. How would you like to engage in the meeting discussion? What would help enhance your role and the work of the DCBHLT?

3. What information can you take back to your sphere of influence to further the work of the DCBHLT?

4. How can you further your involvement in the work of the DCBHLT? Some options are below. Add any others you can think of.
 - Child and Family Systems Workgroup
 - Suicide Prevention Workgroup
 - Substance Use Workgroup
 - Jail Diversion Workgroup
 - Veterans Workgroup
 - Nominating Committee
 - Strategic Planning Committee

5. What action items would you like to see the DCBHLT address?

SPARE A ROLL? PAPER PRODUCT DRIVE MAY 15-19

As a nonprofit who houses 66 clients in our residential units, we're sure you can imagine that we go through a ton of toilet paper and paper towels. Paper products is one of our biggest expenses at Solutions, and we need your help!

We are hosting a week long drop-off drive where all supporters can bring a pack of toilet paper and/or paper towels to the Solutions campus during drop-off hours. So...can you Spare a Roll?

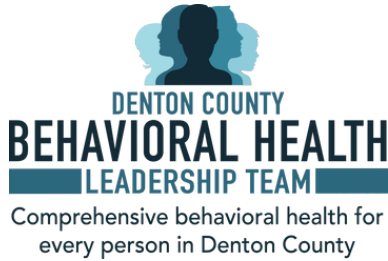
The Week of May 15 - 19, 2023 any time between 8:30 am to 5 pm



Check out our Amazon
Wishlist here:



Question. Persuade. Refer.



Denton County Behavioral Health Leadership Team is proud to bring QPR training to our residents.

QPR stands for Question, Persuade, and Refer

-- the 3 simple steps anyone can learn to help save a life from suicide.

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor. QPR can be learned in a one-hour course. (<https://www.qprinstitute.com/about-qpr>)

Topics Include

- How to Question, Persuade, and Refer someone who may be suicidal
- How to get help for yourself or learn more about preventing suicide
- The common causes of suicidal behavior
- The warning signs of suicide
- How to get help for someone in crisis

When: Tuesday, May 16, 2023

Time: 7 pm to 8:30 pm

Where: Virtual

Cost: FREE

Limited places!



Reserve your seat by scanning the QR code or visiting the link at the bottom of the page.

Can't make this class? Classes are offered on the third Tuesday of each month in 2023. Use the link below to select a date that works for you.

Sponsored by



REGISTER YOUR SPOT TODAY!
[HTTPS://TINYURL.COM/OPRATTEXASHEALTH](https://tinyurl.com/oprattexashealth)



RECOVERY IN THE PARK

— DENTON COUNTY —

September 16th

11:00 am to 2:00 pm

Denton County Administrative Complex
1 Courthouse Drive
Denton, Texas 76208

Celebrating Community & Recovery



ENDORSED
BY:



The Denton County resources below can help you connect with the most appropriate substance use treatment.

We can help!

Need addiction help?



(940) 898-6202
1516 N. Ruddell St., Denton TX
www.sontx.org

ABOUT US:

Structured Residential & Transitional Living and Outpatient

SERVICES:

Recovery Housing, Groups (IOP, SOP), Counseling, Family Services, SUD Crisis Intervention, Monitoring Services, Comprehensive Legal

FUNDING:

Accepts Insurance, Scholarships, and Sliding Scale



(817) 332-6329
Serving the Dallas-Fort Worth Area
www.recoverycouncil.org

ABOUT US:

Denton County's OSAR- Outreach, Screening, Assessment, Referral

SERVICES:

Outreach, Screening, Assessment, Referral, Virtual Outpatient, Peer Support, Veteran Support

FUNDING:

Sliding Scale



(972) 924-9800
2519 Scripture St., Denton TX
www.dentonmhmr.org

ABOUT US:

Local Mental Health Authority

SERVICES:

Substance Use Counseling, Groups (IOP, SOP), Mental Health Counseling, Medication Assisted Treatment, Withdrawal Management, Overdose Prevention, Peer Support

FUNDING:




We Do Not Deny For Inability to Pay (Unfunded and underfunded)

If you are experiencing a mental health crisis, please call 988 or 1-800-762-0157 for assistance.

DENTON ISD STAFF WELLNESS EXPOSITION



The expo is a collaborative initiative designed to gather community providers and resources for a wellness fair to support the mental, physical, and emotional health of 5,000 Denton area school staff.

-  Saturday. September 30, 2023
-  9:00 AM - 1.00 PM
-  Denton High School
3001 Bronco Way

ENGAGEMENT OPPORTUNITIES

DISD Staff Wellness Exposition	VOLUNTEER	DONOR	VENDOR	CUM LAUDE SPONSOR	MAGNA CUM LAUDE SPONSOR	SUMMA CUM LAUDE SPONSOR
	N/A	\$	\$100 + \$50 door prize	\$500	\$1,000	\$1,500
Company logo on banner with tiered placement					✓	✓
Company logo listed on the expo website, social media, and all print materials with tiered placement					✓	✓
Company name listed on the expo website, social media, and all print materials				✓		
Introduction at the event and speaking time					30 seconds	60 seconds
Introduction at the event				✓		
Vendor table and two chairs			✓	✓	✓	✓
Promotional materials in participant bags				✓	✓	✓
Pre and post-event exposure in DISD digital publications				✓	✓	✓
Post-event social media shout outs via DISD			✓	✓	✓	✓
Rallying in support of school staff!	✓	✓	✓	✓	✓	✓



[Learn more here](#)

Let's show our teachers and school staff how much the Denton community cares!



IN PARTNERSHIP WITH
CONNECTIONS
WELLNESS GROUP