

**Denton County Behavioral Health Leadership Team**

**November 19, 2015**

**8:00 a.m. – 9:30 a.m.**

**United Way of Denton County, Inc. (1314 Teasley Lane, Denton, TX)**

***Continental Breakfast will be provided***

**Agenda**

- |       |                                                                                                                                                                                   |                            |         |
|-------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|---------|
| I.    | Welcome & Introductions                                                                                                                                                           | B. Gailey                  | 2 min.  |
| II.   | Consideration of October Meeting Minutes (approval) (attached)                                                                                                                    | B. Gailey                  | 2 min.  |
| III.  | MMHPI Denton County Video Debut                                                                                                                                                   | L. Olson                   | 6 min.  |
| IV.   | Strategic Planning Sub-Committee Update<br>Consideration of Vision Statement (approval)<br>Consideration of Mission Statement (discussion/approval)                               | M. Richardson              | 20 min. |
| V.    | Child and Family Systems Recommendation <ul style="list-style-type: none"><li>NAMI Support group expansion (attached)</li></ul>                                                   | L. Elliott<br>L. Prillwitz | 15 min. |
| VI.   | Workgroup Reports/Updates (attached) <ul style="list-style-type: none"><li>Veterans</li><li>Consumer</li><li>Housing</li><li>Jail Diversion</li><li>Mental Health Court</li></ul> | Workgroups                 | 20 min. |
| VII.  | New Business                                                                                                                                                                      | B. Gailey                  |         |
| VIII. | Adjourn                                                                                                                                                                           | B. Gailey                  |         |

**Next Meeting: December 17, 2015 @ 8:00 a.m.**

## Denton County Behavioral Health Leadership Team

October 15, 2015

### Meeting Minutes

**Appointees Present:** Chief Russ Kerbow, Councilwoman Sanden Daughhtee, Commissioner Bobbie Mitchell, Chief Deputy Randy Plemons, Dr. Bill Giese, Dr. Derrell Bulls, Dr. Kathryn Stream, Dr. Lisa Elliott, Dr. Matt Richardson, Dr. Roxanne Del-Rio, Dr. Teresa McKinney, Dr. Timothy Harris, Elizabeth Ferring, Gary Seguin, Joe Mulroy, Juan Rodriguez, Judge Barbara Gailey, Louise Baldwin, Melinda Galler, Monya Crow, Prudence Sanchez & Councilman Tj Gilmore

**Ex officios present:** Gary Henderson, Judge Doug Robison, Lacrica Olson

**Appointees Absent:** Dr. Derrell Bulls, Dr. Monica Mendez-Grant, Jim Russell, Judge Coby Waddill, Mayor Chris Watts, and Prudence Sanchez

Meeting called to order 8:07 a.m.

#### Welcome & Introductions

Judge Barbara Gailey provided the welcome and recognized guests.

#### Consideration of September Meeting minutes

The September meeting minutes of the Denton County Behavioral Health Leadership Team were reviewed and approved:

Motion: Dr. Derrell Bulls

Second: Chief Russ Kerbow

Minutes approved as written

#### Denton County Citizens Council on Mental Health (DCCCMH):

Joe Mulroy, Chair of the DCCCMH provided the team with an update on the current status of the DCCCMH and moving forward. DCCCMH was the original organization, which was citizen driven composed of community members, professionals and practitioners to determine the needs and the status of mental health in Denton County. DCBHLT is a derivative of DCCCMH as a result of the Meadows Mental Health Policy Institute engagement, which the DCCCMH voted to move forward with.

Originally DCCCMH was going to act as a sounding board, however due to the pace of the DCBHLT and the workgroups, Joe feels it is not necessary to use this original platform to increase efficiency reduce setbacks. Approximately 90% of those who were involved with DCCCMH have moved into DCBHLT workgroup or as appointees. Joe would like to wind down the DCCCMH and invite those who are not involved with DCBHLT to become involved and or attend meetings of the DCBHLT. He would like the approval of the DCBHLT to do so.

Motion: Dr. Derrell Bulls

Second: Dr. Bill Giese

Motion carried to approve the suggestion of winding down the DCCCMH.

Barbara thanked Joe for his dedication and commitment for bringing this cause to the forefront. Joe in turn thanked the United Way for their dedication and commitment to the cause.

**Strategic Planning Sub-Committee Update:**

Dr. Matt Richardson provided an update from the strategic planning sub-committee. The group met on October 13, 2015. Matt provided an overview of the mission and vision planning process discussed continued from the September DCBHLT Meeting.

The strategic planning committee proposed a revised vision statement based on feedback from the September meeting. The vision and the mission will be approved together rather than separately to continue to allow for discussion. The vision statements reads follows:

**Vision: Comprehensive behavioral health for every person in Denton County.**

No additional changes or revisions were requested.

The group also discussed the formation of the mission statement. Based on feedback and key words provided during the September meeting, the strategic planning committee has developed three mission statements for discussion.

**Mission 1:**

The mission of DCBHLT is to:

- Facilitate additional behavioral health services
- Advocate for comprehensive behavioral health system
- Collaborate to create coordinated community case management
- Promote a client/person centered approach

**Mission 2:**

The mission of the Denton County Behavioral Health Leadership Team is to act collaboratively to advocate and facilitate for additional comprehensive behavioral health services. The result will be client/person-centered system change repairing and restoring lives.

**Mission 3:**

The mission of the Denton County Behavioral Health Leadership Team is to collaborate, advocate, and facilitate for client/person-centered behavioral health services. This system change will result in repaired and restored lives

Feedback from the group consisted of a need to address:

Evaluation of current services, capacity, access, awareness of what is available, de-stigmatization, coordination of care, provision of services, and the individual. It was also noted that in mission 1, there seemed to be redundancy in bullet points 1 and 2. Need to also determine whether to use

person vs. individual. Awareness could also indicate a marketing campaign which is more than what the team has the capacity to do. Marketing should be the work of the agencies. Need to have a mechanism to address.

Based on the discussion Judge Doug Robison proposed the compilation of a two separate mission statements for consideration. The revised mission reads as follows:

- **Advocate for and facilitate the creation of a comprehensive behavioral health system to promote a client centered approach where care is received without stigma.**
- **The mission of the Denton County Behavioral Health Leadership Team is to collaborate, advocate, and facilitate for individual centered behavioral health services. This system change will result in repaired and restored lives, increased community awareness, and increased access to services.**

**Next Step:** The strategic planning committee will take the mission statement into consideration and tweak based on the feedback from the group. The committee will present a revised statement to the group in November.

#### **Workgroup Reports/Updates:**

Workgroup updates and highlights of individual workgroups were provided by the Chair of each group. A formal written report was provided in the DCBHLT agenda packet.

A list of workgroup chairs is as follows:

- Child & Family Systems: Dr. Lisa Elliott and Ms. Laura Prillwitz, Co-chairs
- Consumer, Lacrica Olson, Interim
- Housing: Ms. Terry Widmer
- Jail Diversion: Chief Deputy Randy Plemons
- Mental Health Court: Ms. Tami Russell, Chair
- Veterans: Mr. Chris Martin, Chair

Judge Barbara Gailey requested that the workgroup report template be revised to include the email and phone number of the workgroup chair. Lacrica will make the change to the reports.

In addition to the update from the Child and Family Systems update, Dr. Teresa McKinney and Elizabeth Ferring provided an update on the tour of the Juvenile Detention Facility. The tour was a great opportunity to learn more about the services that are offered to our youth, but only after they are arrested. A tour of the facility was highly recommended.

Mental Health Court workgroup: Joe requested additional information as it relates to what is needed for the mental health court with regards to funding. The court is currently operating on a zero based budget. Tami shared that additional funding for counseling and evaluations for those who are not able to pay is a need. Probation can pay for some items. The court team is also in the



process of looking at staffing of court. There is a need for discretionary funding to assist individuals with costs on an individual basis.

Gary Henderson also asked who UWDC should work with to write a grant on behalf of the county. Further discussion is needed to determine exact protocol and discussion related to funding potentially being applied for from the Governor's office. Further discussion and research will be conducted with Commissioner Mitchell, Chief Deputy Randy Plemons, Matt Richardson and Tami. Dr. Bill Giese also suggested that the court consider applying for the Flow Health Foundation grant.

**End User/Consumer Workgroup Update:**

Lacrica Olson provided an update to the group on the consumer group as suggested by Commissioner Mitchell. The group is dedicated to hearing directly from the consumers to complement decisions that will be made. The first meeting was held on 9/30/15 with 12 people in attendance. There are a total of 19 people engaged with the group.

Lacrica shared with the group that the cards being passed around are for those members of the consumer workgroup as a means to say thank you for participating.

A copy of the meeting summary from the consumer workgroup along with a consumer profile was provided in the meeting packet. Lacrica provided the group with a more in depth look into each consumer and dynamics of the workgroup as indicated in the participant profile. A breadth of knowledge was gained about the current system in just one hour.

During the discussion there were no DCBHLT members, just Lacrica as a staff person. The group participated in a focus group style discussion with scaled and open ended questions which allowed for discussion.

Lacrica also shared with the team that a common theme continued to emerge during discussion outside of the need for additional medical services. The consumer group would like to see additional support groups offered in Denton County. Many of the current groups are difficult to access due to time and transportation. Lacrica also spoke directly to one of the individuals who leads a NAMI support group regarding cost. It costs NAMI approximately \$500 per year to host the group which pays for snacks and water. Other logistics are also required to develop a group.

**Public Relations/General Discussion:**

Teddy Yan provided an update to the group on the status of website formation using Dream Host. The domain names and hosting have been secured for a year. DCBHLT member Councilwoman Sanden Daughetee is working with Teddy to launch the website using the Dream Host portal.

Sanden also updated the group on the status of the logo, which she is also assisting with. She shared with the group that she had created 13 images that were shared with Lacrica, but found it difficult to find an image that represented behavioral health well, because of the lack of a

universal symbol. She will continue to work on the logo so that the website can be designed with the same look and feel. Suggestions are welcomed on particular images.

**New Business:**

Gary Henderson, requested that UWDC as the backbone organization, recommend that the Child and Family Systems workgroup conduct an inventory of the current support groups in Denton County. This recommendation is also noted in the agenda packet on the participant profile. The group agreed this is the appropriate space. Monya Crow, a member of the Child and Family workgroup agreed this is appropriate and support groups are an item she is asked about frequently with the school.

Elizabeth Ferring also volunteered to assist with the co-chairing the Consumer workgroup. Lacrica will work with Elizabeth to discuss logistics

The meeting adjourned by consent at 9:27 a.m.

**Next Meeting: November 19, 2015 @ 8:00 a.m.  
United Way of Denton County Office**

\_\_\_\_\_  
Secretary

\_\_\_\_\_  
Date

DCBHLT Strategic Planning Committee  
Vision and Mission Concepts:

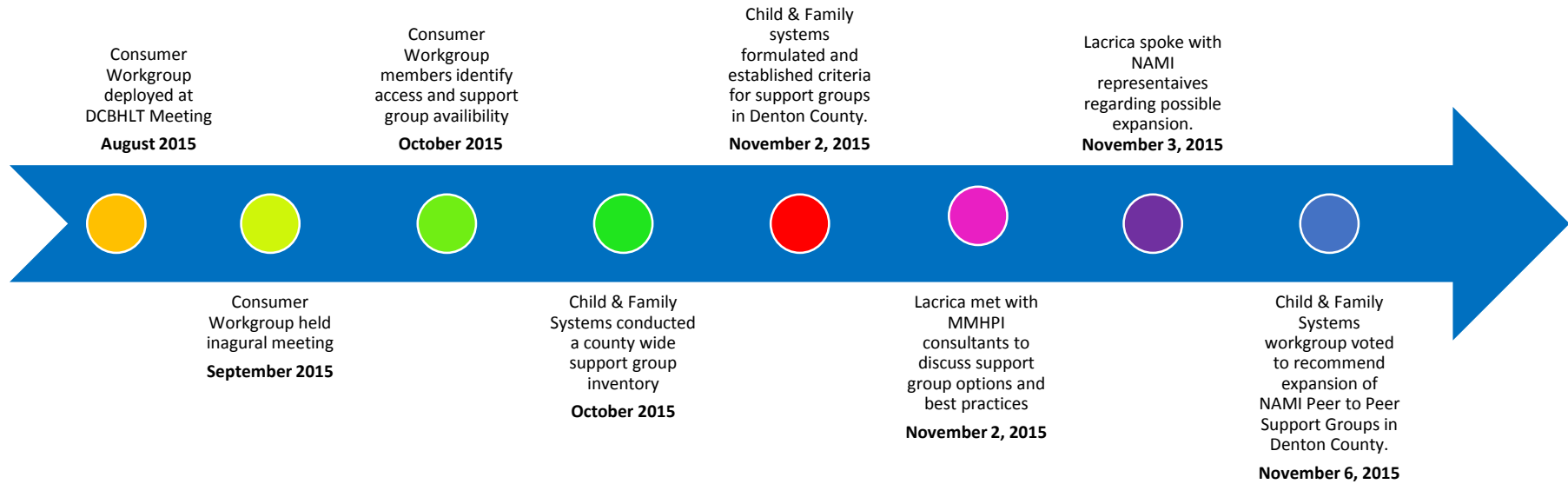
**Final Vision:** Comprehensive behavioral health for every person in Denton County.

**Mission** (Final Draft)

The Denton County Behavioral Health Leadership Team will advocate and facilitate a collaborative person centered behavioral health system to repair and restore lives:

- Ensure behavioral health services are available to meet the needs of all
- Assess data for continuous outcome measurements
- Prioritize data driven recommendations
- Provide a continuum of care

## DCBHLT Child & Family Systems Workgroup Support Group Initiative



**Acronym Guide:**

**UWDC:** United Way of Denton County

**NAMI:** National Alliance on Mental Illness

**DCBHLT:** Denton County Behavioral Health Leadership Team

**MMHPI:** Meadows Mental Health Policy Institute

**Denton County Support Groups**

Name of Support Group	Eligibility	Category	Meeting Information	Cost	Address	City	State	Zip	Phone Number	Email	Notes
A Whole New Deal	None	Substance Abuse; Narcotics	Monday/Tuesday at 7:30PM, Thursday-Saturday at 7:30PM	No Charge	300 W Oak Street	Denton	TX	76201	(940) 387-3897	N/A	ask about narcotics anonymous support group
Faith in Action	None	Substance Abuse; Addicts	Mondays at 8pm	No Charge	2216 Bolivar	Denton	TX	76201	(940) 898-6202	N/A	
NAMI Connection: Recovery Support Group	None	Behavioral Health	Every Thursday 6:30pm-8:00pm	No Charge	2509 Scripture Street	Denton	TX	76201	(469) 248-8789	<a href="mailto:generalinfo@namidenton.org">generalinfo@namidenton.org</a>	Hosted by MHMR
Overeaters Anonymous	None	Behavioral Health; Eating Disorders	Tuesday's at 7pm	No Charge	201S. Locust Street	Denton	TX	76201	(940) 382-5478	N/A	ask about overeaters anonymous support group or eating disorder support groups
Self Worth- Finding your true self again	None	Behavioral Health	Thursday at 6pm-7:30pm	No Charge	3309 Unicorn Lake Blvd #161	Denton	TX	76210	(940) 202-7893		
Touched by Suicide (Denton)	None	Behavioral Health; Suicide	1st Thursday at 7pm	No Charge	6500 Crawford Road	Denton	TX	76226	(972) 595-8124	<a href="mailto:touchedbysuicidedenton@gmail.com">touchedbysuicidedenton@gmail.com</a>	
NAMI Connection at TWU	None	Behavioral Health	every other Tuesday and Wednesday from 7-8:30 pm; <b>Open to the community and students</b>	No Charge	304 Administration Dr. PO Box 425589	Denton	TX	76204	* (940)-898-3626	<a href="http://namioncampustwu.wix.com/nami-on-campus-twu#support/c8f4">http://namioncampustwu.wix.com/nami-on-campus-twu#support/c8f4</a>	* this is the number for the center of student development please be sure to ask about more information on NAMI on Campus. There is a Denton Campus map link to the right of this message. Meetings are held at the Blagg Huey Library RM 234  Denton Campus Map.
Grief Share	None	Behavioral Health; Bereavement	* Wednesdays through November 18th from 6-7:30pm	No Charge	1100 Malone St	Denton	TX	76201	N/A	<a href="mailto:griefshare@firstdenton.org">griefshare@firstdenton.org</a>	* ask about meetings beyond this time. You may have to register for the group (this portion is also complimentary)
Celebrate Recovery (Denton)	None	Substance Abuse; Faith Based	Mondays at 7pm	No Charge	1100 Malone St	Denton	TX	76201	940-382-2577 ext. 106	<a href="mailto:dougg@firstdenton.org">dougg@firstdenton.org</a>	Ask about meeting information
Celebrate Recovery (Denton)	None	Substance Abuse; Faith Based	Must contact for information	No Charge	101 Cardinal Drive	Denton	TX	76209	940-387-4355	<a href="mailto:CR@singingoaks.org">CR@singingoaks.org</a>	
Denton Unity Alateen	None	Substance Abuse; Alcohol	Tuesday's at 6pm	No Charge	1203 Fulton Street	Denton	TX	76201	940-566-4990	N/A	Ask about Denton Unity Alateen
NAMI: Family Support Group	None	Behavioral Health	*Every Monday 7-8:30 pm	No Charge	*Crossroads Bible Church at 8101 FM 407	Double Oak	TX	75077	(469) 248-8789	<a href="mailto:generalinfo@namidenton.org">generalinfo@namidenton.org</a>	* except the first Monday of each month and holidays; Justin Road in Double Oak near Flower Mound and Highland Village
NAMI Recovery International	None	Behavioral Health	Mondays 7pm - 8:30pm	No Charge	Crossroads Bible Church at 8101 FM 407 Justin Road	Double Oak	TX	75029	(469) 248-8789	<a href="mailto:recoveryinternational@namidenton.org">recoveryinternational@namidenton.org</a>	
Touched by Suicide (Flower Mound)	None	Behavioral Health; Suicide	First and Third Tuesday of the month at 7:00 pm Rm 222 (teens) OR Library (Parents)	No Charge	5500 Morriss Rd	Flower Mound	TX	75028	972-595-8124	N/A	
SMART Recovery (Lewisville)	None	Substance Abuse	Thursday at 6pm (Adults) Saturday at 1pm (Teens)	No Charge	105 Kathryn Dr. Bld 3, Ste. D.	Lewisville	TX	75067	1-800-972-0643	<a href="http://grace-counseling.com/">http://grace-counseling.com/</a>	Ask for Katie Langford
Journey to Dream	None	General Support	Meets Weekly (its for Teens)	No Charge	907 W Main St	Lewisville	TX	75067	(214)-738-2989	N/A	Ask for Jessica tell her you want to know the time and date
Celebrate Recovery (Lewisville)	None	Substance Abuse; Faith based	Fridays at 7pm	No Charge	2680 Mac Arthur Blvd	Lewisville	TX	75067	972-533-6500	<a href="mailto:kentaurand@gmail.com">kentaurand@gmail.com</a>	
Celebrate Recovery (Lewisville)	None	Substance abuse; Faith Based	Wednesdays at 7pm	No Charge	102 N. Garden Ridge	Lewisville	TX	75067	972-221-3561	<a href="mailto:recovery@gardenridge.org">recovery@gardenridge.org</a>	(If needed) ask about celebration place (it's the same program, but for younger individuals)
OIF/OEF (Iraq/Afghanistan) Veterans	None	Peer Support; Veterans	Veterans ONLY; 1st and 3rd Mondays of the month 11am-12pm	No Charge	1505 E. McKinney St	Denton	TX	76209	940-536-3264	<a href="mailto:heather@dentoncountyveterans.com">heather@dentoncountyveterans.com</a>	
Women's Peer Support Group	None	Peer Support; Female Veterans	Veterans ONLY; Mondays 12pm-2pm; <b>Begins February 23rd</b>	No Charge	1800 S. Loop 288 Suite #200	Denton	TX	76205	N/A	<a href="mailto:sbalsley@centurytel.net">sbalsley@centurytel.net</a>	
Female Combat Veteran Peer Support Group	None	Peer Support; Female Veterans	Veterans ONLY; 1st and 3rd Monday of the month 6 pm to 7pm	No Charge	American Legion Post 71 at 2501 Spencer Rd	Denton	TX	76205	940-536-3264	<a href="mailto:heather@dentoncountyveterans.com">heather@dentoncountyveterans.com</a>	
Male Vet Peer Support Group (Lewisville)	None	Peer Support; Male Veterans	Veterans ONLY; Tuesdays 4:30 pm -6 pm	No Charge	880 Fox Ave	Lewisville	TX	75067	214-364-1710	<a href="mailto:mr.christophermays@gmail.com">mr.christophermays@gmail.com</a>	
<b>Denton Community Health Clinic</b>			<b>Contacting the liaison for this information 10/28/15</b>								
Understanding Self and Others Group	Screening	General Support; Closed to UNT students	Thursdays 2:30 - 4:00 pm in Chestnut Hall Suite 311 ; <b>*Closed for the semester will begin next semester.</b>	No Charge	1800 Chestnut St	Denton	TX	76201	940-565-2741	N/A	*Closed for the semester as of 10-27-15 will open next semester.
First Step Denton	None	Substance Abuse	Mondays 6:30 pm- 8:30 pm, Wednesdays 10:00 am -	No Charge	1406 N. Corinth St Suite 401	Corinth	TX	76208	940-497-5576	<a href="http://firststepdenton.com/cont">http://firststepdenton.com/cont</a>	See webpage for emailing purposes
Primary Purpose Denton Group of Alcoholics Anonymous	None	Substance Abuse; Alcohol	meets at 8 pm	No Charge	1524 Ruddell St.	Denton	TX	76209	N/A	N/A	
Serenity Al-anon	None	Substance Abuse; Alcohol	meets at 12 pm	No Charge	201 S. Locust St	Denton	TX	76201	940-382-5478	N/A	Ask about the Serenity Al-anon group
Shalom Today group of Alcoholics Anonymous	None	Substance Abuse; Alcohol	meets weekdays at 9 am, 12 pm, 6 pm, 8 pm	No Charge	3730 E. McKinney St Suite 107 (next to the bakery)	Denton	TX	76208	940-383-8252	N/A	
Show Me group of Alcoholics Anonymous	None	Substance Abuse; Alcohol	meets weekdays at 9 am, 12 pm, 6 pm, 8 pm	No Charge	1622 W University Dr. Suite 104 (next to the books and records store)	Denton	TX	76201	940-566-9989	N/A	
Addictions Support Group	None	Substance abuse; faith based	*Currently closed for the fall semester (August-December)	No Charge	1106 W. Oak St	Denton	TX	76201	940-382-8888	<a href="mailto:bbroom@thevillagedenton.church">bbroom@thevillagedenton.church</a>	
Depression Support Group	None	behavioral health; faith based	*Currently closed for the fall semester (August-December)	No Charge	1106 W. Oak St	Denton	TX	76201	940-382-8888	<a href="mailto:bbroom@thevillagedenton.church">bbroom@thevillagedenton.church</a>	*If you would like to receive support email Beth Broom or attend our men or women's group that meets Wednesdays at 7pm; When calling ask about the desired group
Fear and Anixety Support Group	None	behavioral health; faith based	*Currently closed for the fall semester (August-December)	No Charge	1106 W. Oak St	Denton	TX	76201	940-382-8888	<a href="mailto:bbroom@thevillagedenton.church">bbroom@thevillagedenton.church</a>	



NAMI Connection Recovery Support Group Proposal for Lacrica S. Olson, MPA,  
Community Impact Director, Health & Mental Health Initiatives,  
United Way of Denton County Inc.

November 2015

Description:

- 90 minute peer-led support group
- Volunteer facilitators must be in recovery/live with a mental illness
- One group currently available weekly in Denton, nearing/at capacity

Training for 2 facilitators: \$350 plus travel and lodging, or

- \$250 per day (2 days) for a state trainer to come to Denton County to train facilitators (plus trainer's travel and lodging)

Facilitators are peer volunteers that must meet NAMI requirements, complete application process and state trainer interview, and successfully meet requirements of training course/ongoing certification

No books required, reusable printed handouts/agenda/guidelines: \$25

Initial meeting setup/materials (2-3 poster boards, 2 leader manuals): \$175

Weekly meeting space; space should accommodate 15-20 attendees

Meeting location must be pre-approved by NAMI for area coverage, needs analysis

Weekly consumables (water bottles, kleenex, emergency contact cards/brochures)

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~\$1500 initial, \$500 each year after

(if room is donated; provides for one facilitator training each year to maintain group)

Contact: Jaime Hartpence, [connection@namidenton.org](mailto:connection@namidenton.org), (469) 688-7725 or  
Yvonne Broach, [generalinfo@namidenton.org](mailto:generalinfo@namidenton.org), (512) 923-0569



*"I don't know where I'd be without NAMI Connection; it literally saved my life. I'm so grateful for my group and now I just want to share this program with everyone living with a mental illness"*

*NAMI Connection Participant*

## NAMI Connection

- Available in 47 states in the U.S.
- Available in some communities in Spanish as NAMI Conexión

To locate a support group, visit [www.nami.org/local](http://www.nami.org/local) and contact the NAMI Affiliate in your area.

# Connection

**A Free Peer-led Support Program**

## About NAMI

NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization. NAMI provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives.

If you are seeking support or need information on how to better manage a mental health challenge in yourself or a loved one, you are not alone. NAMI is here for you.

NAMI supports and enriches you and your family's unique journey toward wellness. Our outstanding peer-led programs provide free education, skills training and support. Thousands of trained volunteers are bringing these programs to your communities every day. We invite you to join our movement to ensure better lives for everyone.

[www.nami.org/connection](http://www.nami.org/connection)

NAMI HelpLine  
800-950-NAMI or [info@nami.org](mailto:info@nami.org)



[connection@namidenton.org](mailto:connection@namidenton.org)  
Thursdays, 6:30PM - 8:00PM  
2509 Scripture St., Denton, TX



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*"One of the many things we share in our groups is hope. Hope can be contagious in a NAMI Connection group setting. Another thing I treasure sharing in NAMI Connection groups is our strength. We lift one another up week to week."*

*NAMI Connection Participant*



## NAMI Connection

**A confidential and safe support group for adults living with mental health conditions.**

As someone living with a mental health condition, you may face unique challenges: social stereotypes and misunderstanding, complex family dynamics, changing medical developments. It can be overwhelming.

Our program can help you. NAMI Connection provides a safe, accepting and confidential setting with access to a community of people who relate to your experiences.

You will gain support from people like you who get it, who have been there. Trained facilitators will guide you in learning to empower yourself in a place that offers respect, understanding, encouragement and hope.

## What should I know?

- Open to all adults living with mental health conditions, regardless of diagnosis
- Meets weekly for 90 minutes
- Free of cost to participants
- Led by people who successfully manage their own recovery
- No specific medical therapy or medication is endorsed or recommended

## Why should I attend?

- Find community support in a confidential setting
- Discover your own inner strength
- Express yourself in a setting free of judgment
- Find hope in knowing you are not alone





United Way  
of Denton County, Inc.

## DCBHLT Workgroup Reports

November 2015

**WORKGROUP NAME: VETERANS**

**CHAIR NAME: CHRIS MARTIN**

**CHAIR CONTACT INFORMATION: [C2W2MARTIN@AOL.COM](mailto:C2W2MARTIN@AOL.COM) (678) 877-6267**

### Meeting Summary (provide meeting date, and items discussed during meeting)

The Veterans Committee met on 29, Oct with the following workgroup members in attendance:

Chris Martin (Chair,) Roy Davenport, Melanie Torres, Sarah Banis, Kathy Eubanks, Michael Hunn, Judge David Garcia, Mira Brown, Dr. Airaj Waheed, Bonnie Rinn, and Lacrica Olson

Guests: Pam Gutierrez, Troy Manning, Elizabeth Dannel (VAMC), and Jennifer Purdy (VAMC)

The workgroup discussion centered on Denton County MHMR and the ability to expand current programs to work with Veterans. Representatives from the Dallas Veterans Administration Medical Center (VAMC) attended the meeting to gain insight into our efforts and to discussion expansion of behavioral health services for Veterans.

MHMR currently provides services to 77 Veterans. Unbeknownst to MHMR, The VAMC will pay for care when they cannot take into the Dallas facility. The VAMC also believes it may be possible for them to provide the manning and infrastructure for a Veterans behavioral health clinic in Denton County, if a facility can be provided at no cost to the government.

The November meeting will focus on transportation services available to Veterans, allowing for transportation to and from behavioral health services.

### Short Term Action Items

Set up a follow-up meeting with VAMC, MHMR, and other community behavioral health partners to determine capacity for establishing a behavioral health clinic for Veterans in Denton County.

### Accomplishments

Continued development of SWOC

Continued development of goals and objectives

### Concerns

Substance abuse (self-medication) is common for Veterans with PTSd. Unfortunately, MHMR cannot address Veterans with substance issues unless it is in a crisis situation per state protocol. Result is that the Veteran may not receive the PTSd treatment they need because it manifests itself as a primary substance abuse issue.

### DCBHLT Veterans Workgroup SWOT (SWOC) Analysis

Strengths	Weaknesses	Opportunities	Challenges
Existing Peer to Peer Network (MVPN) in place	Lack of awareness of existing programs.	Ensuring all Veterans register with the VA.	Need for incentives to attract physicians to work in Denton County (Psychologist, Psychiatrist, etc.)
Training available for future peer to peer mentors	Peer to Peer does not reach large % of Veterans. Only 1 male & female group held weekly in Denton County	Expansion of peer to peer services in the county to include multiple meeting locations and meeting times, case management, etc.	Recruiting additional peer mentors.
	Limited # of Veterans for peer to peer and no formal mechanism in place for telephone call in.	Opportunity to work with hospitals and other medical providers to review discharge planning protocols to ensure Veterans are connected to services.	Funding
	Lack of trained/certified combat Veteran PTSD providers in Denton County.	Establishment of a Veterans Resource Center in Denton County.	Capacity to provide services
	Affordability and accessibility of providers.		
	Lack of continuity of care for Veterans suffering with PTSD		
	Lack of physicians who specifically treat PTSD		
	Transportation		



## DCBHLT Workgroup Reports

November 2015

**WORKGROUP NAME: CONSUMER**

**CHAIR NAME: LACRICA OLSON/ELIZABETH FERRING**

**LACRICA (940) 566-5851 EXT. 112; [LACRICA@UNITEDWAYDENTON.ORG](mailto:LACRICA@UNITEDWAYDENTON.ORG)**

**ELIZABETH (940) 231-4929; [EFERRING@GMAIL.COM](mailto:EFERRING@GMAIL.COM)**

### Meeting Summary (provide meeting date, and items discussed during meeting)

The Consumer Workgroup met on October 21, 2015. There were 13 people in attendance. The group continued discussions surrounding support group expansions. Lacrica shared with the group that an inventory of current support groups was in the process of being conducted by the Child and Family Systems workgroup. The current list was reviewed and additional input was provided from the group.

The group also touched briefly on the types of support groups that would be beneficial to expand and or pilot in Denton County. Those that are the most effective are peer to peer.

In addition, the group also discussed transportation which is critical to access. There is a need for transportation for individuals and caregivers. The current transportation systems is difficult to navigate with DCTA and SPAN.

Additional topics of discussion for future meetings include: law enforcement training, and Mental Health First Aid.

### Short Term Action Items

The support group inventory list will be revised based on feedback and shared with the Child and Family System workgroup to finalize.

The Child and Family Systems workgroup will make a recommendation based on inventory to potentially expand support groups in Denton County.

### Accomplishments

Creation of an inventory to determine capacity and areas of need.

Ability to hear "first hand" what is needed.

### Concerns

None at this time.



United Way  
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## DCBHLT Workgroup Reports

November 2015

**WORKGROUP NAME: HOUSING**

**CHAIR NAME: TERRY WIDMER**

**CHAIR CONTACT INFORMATION [TBWIDMER@GMAIL.COM](mailto:TBWIDMER@GMAIL.COM) (940) 368-5035**

### Meeting Summary (provide meeting date, and items discussed during meeting)

The Housing Workgroup met on October 26<sup>th</sup> with the following workgroup members in attendance:

Terri Widmer (Chair), Dani Shaw, Sherri McDade, Alonzo Peterson, Deirdre Stubel, Brenda Jackson, Melanie Torres, Amy O'Keefe, Alyna Rogers, and Lacrica Olson

Guests: Dr. Bill Giese, Betty Kay (Executive Director) MKOC, Cathy Brown (Director) MKOC, Cindy Drady (Crisis Line Coordinator) DCFOF, Pauline Jemison Giving Hope, Roshaun Epperson Giving Hope/Texas Homeless Network.

Dr. Alonzo Peterson with Giving Hope Inc. presented the findings of the recently commissioned Housing Study. The study was funded by Texas Homeless Network and compiled by a private consultant. These findings focused on the usage of ABT Associates tool to determine housing needs.

### Short Term Action Items

The group reviewed findings of the report and will need to further discuss action items.

### Accomplishments

Gaining an understanding of the different types of housing.

### Concerns

The major concern brought forth was capacity. This issue transcends all, regardless of their level of support. Affordable and available housing can be difficult to locate.



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## DCBHLT Workgroup Reports

November 2015

**WORKGROUP NAME: JAIL DIVERSION**

**CHAIR NAME: RANDY PLEMONS**

**CHAIR CONTACT INFORMATION: [RANDY.PLEMONS@DENTONCOUNTY.COM](mailto:RANDY.PLEMONS@DENTONCOUNTY.COM)**

**(940) 349-1622**

### Meeting Summary (provide meeting date, and items discussed during meeting)

The group met on November 4, 2015 with the following workgroup members in attendance:

Chief Deputy Randy Plemons (Chair), Lt. Chris Summitt, Captain Dan Rochelle, Scott Wisenbaker, Danielle Shaw, Maria Ortiz, Dr. Teresa McKinney, Paige Smith, and Lacroica Olson

The Jail Diversion Workgroup agreed to continue to move forward with the following goals and objectives and begin to finalize:

1. Establish a Discharge Planning Process – Continuity of Care
2. Improve Law Enforcement processes & protocols
3. The need for a Denton County detox center

### Short Term Action Items

Gather Data for number of transports, hours, and calls for service.

Determine if data can be broken down into substance abuse and or other factors

### Accomplishments

The group narrowed the scope of goals and objectives to proceed with finalizing.

### Concerns

The cost associated with building a county Detox Center. Solutions of North Texas has potential land that is zoned for this type of facility. Further information should be obtained regarding cost since the facility will need to be medically secured.



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## DCBHLT Workgroup Reports

November 2015

**WORKGROUP NAME: MENTAL HEALTH COURT**

**CHAIR NAME: TAMI RUSSELL**

**CHAIR CONTACT INFORMATION: [TAMI.RUSSELL@DENTONCOUNTY.COM](mailto:TAMI.RUSSELL@DENTONCOUNTY.COM) (940) 349-3340**

### Meeting Summary (provide meeting date, and items discussed during meeting)

The group met on September 24, 2015 with the following workgroup members in attendance:

Tami Russell (**Chair**), Mira Brown, Judge Doug Robison, Kathryn Masten, Sgt. Cari Coker, Jeremy Hardy, Yvonne Broach, Dr. Airaj Waheed, Daniel Folmer, Armand Hill, and Lacrica Olson.

There are currently 4 individuals in the court and 3 of which are active. One person is being removed and transferred to the Tarrant County Judicial System. Overall, most are doing well. There are still others on the waiting list due to wait times on attorneys, screenings, etc.

The Mental Health Workgroup agreed to move forward with the following goals and objectives and begin to finalize:

1. Expansion of the Court
2. Establishment of a Mental Health IOP (Intensive Outpatient Program)
3. Establishment of a reintegration support group for phase 3 of the program
4. Develop an avenue for education and support for families (TWU, NAMI, United Through Hope)
5. Develop an avenue for employers (event, lunch and learn, etc.)

### Short Term Action Items

Tami will formulate a list of current court partners and establish a flow chart for use.

Lacrica will research with SHRM (Society for Human Resource Management) contact to determine if employers can receive incentives for hiring those with disabilities. Currently, the information is conflicting.

### Accomplishments

Developing a list of goals and objectives and proceed with finalizing.

### Concerns

None at this time.



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## DCBHLT Workgroup Reports

November 2015

**WORKGROUP NAME: CHILD AND FAMILY SYSTEMS**

**CHAIR NAME: LISA ELLIOTT AND LAURA PRILLWITZ**

**CHAIR CONTACT INFORMATION: [LISA.ELLIOTT@COOKCHILDRENS.ORG](mailto:LISA.ELLIOTT@COOKCHILDRENS.ORG) (940) 484-4311**

**[LAURA.PRILLWITZ@DENTONCOUNTY.COM](mailto:LAURA.PRILLWITZ@DENTONCOUNTY.COM) (940) 349-2455**

### Meeting Summary (provide meeting date, and items discussed during meeting)

The Child and Family Systems Workgroup met on Friday, November 6<sup>th</sup> with the following workgroup members in attendance: Dr. Lisa Elliott, Laura Prillwitz, Judge Kimberly McCary, Monya Crow, Gary Seguin, Judge Tiffany Haertling, Sadaf Meckfessel, and Trish Robinson

Alternates: Ambria Mabry for Lacrica Olson and Lynne Brister-Cox for Rachel McGinnis

The Workgroup reviewed key components from previous meetings including: Systems of Care & Assets Inventory/Mapping, Media Campaign information, Juvenile Court Liaison, Mental Health First Aid education classes and Support Groups in Denton County. Objectives and goals were discussed. Next Meeting is scheduled for December 4<sup>th</sup>.

### Short Term Action Items

The Child and Family Workgroup identified the need to expand NAMI Peer to Peer Support Groups as a short term goal. In addition, Asset Inventory/Mapping was identified as a next step to working toward a Systems of Care. The Workgroup discussed other possible short term and long term goals to be established in future meetings.

### Accomplishments

1. Developed Support Group Inventory
2. Identified Peer to Peer Support Groups as a short term goal to expand
3. Identified need for Asset Inventory/Mapping
4. Explored other potential short term and long term goals

### Concerns

None at this time.